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Engineering Nanostructured MnO₂ for High Performance Supercapacitors

Jian-Gan Wang

Abstract

Manganese oxides (MnO₂) have particularly received increasing attention owing to their high theoretical specific capacitance of 1370 F/g, low-cost, natural abundance, and environmental benignity. However, MnO₂ suffers from low electrical conductivity (10⁻⁵ to 10⁻⁸ S/cm), low ionic diffusion constant (~10⁻¹³ cm²/V s), and low structural stability, which results in low electrochemical utilization and poor cycling life. It is therefore important to explore new strategies to improve the electrochemical performance of MnO₂. The effective methods to maximize the performance involve (i) reducing MnO₂ structures to a nanoscale range and (ii) compositing MnO₂ with highly conductive materials. In this chapter, we will first introduce the rapid development of MnO₂ nanostructures for supercapacitors. Then the fundamental charge storage mechanism of MnO₂ will be specifically clarified. The preparation methods of MnO₂ nanostructures and their composites will be subsequently summarized. Then, we will pay great attention to the most recent development of MnO₂-based nanostructures for supercapacitors, which is the main body of this chapter. The practical application of MnO₂ nanostructures for symmetric and asymmetric supercapacitors will be discussed. Finally, we will present a brief perspective regarding the rational design and synthesis of MnO₂-based nanostructures.

Keywords: MnO₂, nanostructure, composite, supercapacitor, high performance

1. Introduction

According to the charge storage mechanism, supercapacitors can be categorized as electrochemical double layer capacitors (EDLCs) and pseudocapacitors [1]. The typical electroactive electrode materials for pseudocapacitors include transition-metal oxides and conducting...
polymers. To this end, massive efforts have been dedicated to developing low-cost and eco-friendly alternatives, such as MnO$_2$, Co$_3$O$_4$, and NiO. Among the alternative candidates, MnO$_2$ has received intensive attention in the past decades. Lee and Goodenough reported the first use of MnO$_2$ for supercapacitors in 1999 [2]. This finding paved a new avenue for exploring a huge variety of electroactive MnO$_2$-based electrode materials for high performance supercapacitors. This is because MnO$_2$ shows advantages of (i) a high theoretical specific capacitance of 1370 F/g; (ii) a wide operating potential window of about 1.0 V; and (iii) the ability to enable mild aqueous electrolytes with a much less chemical corrosion to current collectors or packages [3, 4]. In addition, MnO$_2$ has additional merits of natural abundance, low-cost, and environmentally benignity [4]. These unique characteristics will enable MnO$_2$-based electrodes to act as a high-performance, safe, and a low-cost replacement.

However, the specific capacitance of MnO$_2$ is almost one magnitude lower than the theoretical value [4–6]. This is because MnO$_2$ shows poor electronic conductivity ($10^{-5}$ to $10^{-6}$ S/cm), low ionic diffusion constant (~$10^{-13}$ cm$^2$/V s), and structure flexibility [7, 8]. Moreover, owing to a wide diversity of textural feature, crystal forms (e.g., $\alpha$-, $\beta$-, $\delta$-, $\gamma$-MnO$_2$), and defect chemistry, MnO$_2$ exhibits a variety of distinct electrochemical performance. The performance of MnO$_2$ will be substantially improved with a better fundamental understanding of the charge storage mechanism at the electrode/electrolyte interfaces and a rational design of MnO$_2$-based electrodes.

In recent years, extensive endeavors have been dedicated to synthesizing MnO$_2$ nanostructures or nanocomposites with different morphologies and crystal forms. This chapter will introduce the state-of-the-art MnO$_2$ electrodes for high performance supercapacitors. The content includes a brief discussion of the charge storage mechanisms of MnO$_2$, a summary of the synthetic methodologies, a main focus on the MnO$_2$-based electrodes and their application in supercapacitors.

2. Charge storage mechanism of MnO$_2$

The charge storage mechanism of MnO$_2$ was first imitated from RuO$_2$ and Zn/MnO$_2$ cells in acidic electrolytes [9], which involve a reversible insertion/extraction of protons into/from MnO$_2$, with a concomitant Mn$^{3+}$–Mn$^{4+}$ transition. However, the specific capacitance of MnO$_2$ is found to be related to the species and concentrations of the alkali metal cations, such as Li$^+$, Na$^+$, and K$^+$, regardless of the pH value [10, 11]. Consequently, a more rational mechanism based on the chemisorption of alkaline metal cations on the surface of MnO$_2$ was proposed and can be written as [3, 11]:

$$\left(\text{MnO}_2\right)_{\text{surface}} + M^+ + e^- \rightarrow \left(\text{MnOOM}\right)_{\text{surface}}$$

where M$^+$ represents alkali metal cations, including Li$^+$, Na$^+$, and K$^+$. Later, Belanger and co-workers developed a new complementary storage mechanism, that is, the alkali metal cations can insert/extract into/from MnO$_2$ as shown in Eq. (2) [11]:

$$\left(\text{MnO}_2\right)_{\text{surface}} + M^+ + e^- \rightarrow \left(\text{MnOOM}\right)_{\text{surface}}$$
MnO₂ + M⁺ + e⁻ → MnOOM (2)

It should be noted that MnO₂ can crystallize in various forms. Can the above charge storage mechanisms be suitable for all MnO₂ structures? Brousse et al. investigated a systematic comparison on the supercapacitive properties of MnO₂ with five types of phase structures [11]. It is revealed that the capacitance is closely associated with the tunnel size of crystalline MnO₂, i.e., the larger the tunnel size, the larger the specific capacitance. More specifically, the one-dimensional (1D) α-MnO₂ (4.6 Å) and two-dimensional (2D) δ-MnO₂ (7 Å) allow a fast insertion of hydrated K⁺ cations (3 Å) due to their large tunnel sizes, while β-MnO₂ and γ-MnO₂ with one-dimensional tunnel sizes smaller than cations limit the diffusion process, and the spinel λ-MnO₂ with a more opened three-dimensional (3D) structure can permit a partial cationic diffusion. This suggests that the tunnel space should be large enough to allow a high-rate insertion/extraction of electrolyte ions for charge storage governed by Eq. (2), which is known as “tunnel storage mechanism (TSM)” [12]. Hence, the specific capacitance of MnO₂ depends strongly on its crystallographic structure, which follows the decreasing order: α(α) > α ≈ δ > γ > λ > β. Furthermore, owing to the large tunnel, α-MnO₂ also exhibits ideal pseudocapacitive behavior in the electrolytes containing Ca²⁺, Mg²⁺, or Ba²⁺, which can store more charge through a multivalent cation storage mechanism [5]. In addition to the metal cations, anions can also be the working species that compensate the Mn-valent state variation upon charge/discharge in aprotic ionic liquids (IL) [13]. In summary, the charge/discharge process of MnO₂ typically involves (i) electrolyte ion transport; (ii) ion adsorption/desorption at the surface sites of electrodes, which are dependent on the ion size, the mobility of ion, and the dehydration/hydration rate; and (iii) ion insertion/extraction into/from bulk MnO₂. Therefore, the charge storage process is not only associated with the Mn-valent state variation upon charge/discharge in aprotic ionic liquids (IL) [13]. In addition, the specific surface area, electronic conductivity, and ionic conductivity, etc. Therefore, the charge storage mechanism of MnO₂ basically involves a capacitive surface chemisorption process (Eq. (1)) and a bulk/subsurface Faradaic reaction (Eq. (2)).

Recently, mixed-valent chemistry of metal oxides charge compensation mechanisms at oxygen centers and surfaces were proposed as a new charge storage mechanism. The mixed-valent MnO₃ nanostructures exhibited a high-specific capacitance of 2530 F/g in a two-electrode configuration, about double of the theoretical value (1370 F/g) [14]. It is revealed that a large portion of charge compensation might be originated from the hole state redistribution toward the O sites, rather than merely reduction of Mn ions. In addition, the ionic defects (vacancies and misplaced ions), electronic defects (electron and holes), and structural defects (cavities, stacking faults, etc.) in the mixed-valent MnO₃ can also boost the kinetics of the surface redox reactions and the transport of charged species. These findings may offer critical insights into the fundamental understanding of the relationship between mixed-valent structures and electrochemical properties and to rational design of a new-generation supercapacitors.
3. Synthesis methods

3.1. Chemical precipitation

MnO$_2$ nanostructures can be easily prepared via various chemical co-precipitation methods. The most commonly one is based on a simple redox reaction between MnO$_4^{−}$ and Mn$^{2+}$ [4]:

$$2\text{MnO}_4^{−} + 3\text{Mn}^{2+} + 2\text{H}_2\text{O} \rightarrow 5\text{MnO}_2 + 4\text{H}^{+}$$ (3)

Amorphous hydrated MnO$_2$ powders are the resulting products at room temperature. Increasing the reaction temperature not only leads to an increase in the degree of MnO$_2$ crystallinity, but also generates different morphologies, such as nanorods, nanoflowers, and nanotubes [15]. Because of the strong oxidation of MnO$_4^{−}$, a large number of reducing species, including acid, polymer monomers, carbon, etc., can be used to obtaining MnO$_2$ nanostructures [16]. In addition, MnO$_2$ can also be gained by changing other oxidants, such as Na$_2$S$_2$O$_8$, KClO$_3$, etc. These flexible derived reactions facilitate the formation of MnO$_2$-carbon and MnO$_2$-conducting polymer nanocomposites [17].

3.2. Electrodeposition

3.2.1. Anodic electrodeposition

Anodic electrodeposition of MnO$_2$ nanostructures involves an oriented diffusion of Mn$^{2+}$ species to the anode surface under an applied electric field and a subsequent electro-oxidation of the species into MnO$_2$. The anodic deposition reaction can be expressed as [18]:

$$\text{Mn}^{2+} + 2\text{H}_2\text{O} \rightarrow \text{MnO}_2 + 4\text{H}^{+} + 2\text{e}^{−}$$ (4)

Three different deposition techniques have been developed: i.e., potentiostatic deposition, potentiodynamic deposition, and galvanostatic deposition. The morphology can be well controlled by modifying the deposition parameters (such as applied potentials, applied currents, scan rates, electrolyte ingredients/concentrations, and pH value, etc.) and by tuning the physiochemical nature of substrates (such as a porous structure, a hydrophilic surface, etc.).

In addition to pure MnO$_2$, conducting polymer-MnO$_2$ nanocomposites can also be fabricated using solution precursors containing both Mn$^{2+}$ species and monomers [19]. One-step or two-step electrochemical co-deposition has been explored to effectively prepare a nanocomposite. The co-electrodeposition process primarily involves the anodic deposition of MnO$_2$ and the simultaneous electropolymerization of conducting polymers. The morphology of the nanostructured hybrids can be controlled by modifying the deposition parameters.
3.2.2. Cathodic electrodeposition

Cathodic electrodeposition of MnO₂ nanostructures can take place at the cathode surface via two pathways based on Mn species in solution under a negative potential. The first way is based on the electrochemical processes in aqueous solution containing Mn²⁺ species, which include water electrolysis and oxygen reduction to generate OH⁻, followed by the precipitation of metastable Mn(OH)₂ and a further oxidation into MnO₂. The other pathway is on basis of the reduction of Mn⁷⁺ species from MnO₄⁻ on the cathode surface, following reaction (5) [20]. The MnO₂ nanostructures can be shape-controlled by tuning deposition variables of current density, potential, solution concentration, and pH value.

$$\text{MnO}_4^- + 2\text{H}_2\text{O} + 3e^- \rightarrow \text{MnO}_2 + 4\text{OH}^- \quad (5)$$

3.3. Electrostatic interaction assembly

Electrostatic interaction assembly is an effective technique for fabricating nanocomposites via self-assembly of oppositely charged materials. The strong electrostatic attractive interactions between positively charged species and negatively charged species can ensure the robustness of resulting materials. The binding intensity of the electric force is determined by the Coulomb’s law [21]:

$$F = \frac{q_+ q_-}{r^2}$$

where $F$ is the electric force, $q_+$ and $q_-$ are the charges of the negative and positive species, and $r$ is the distance between the two species. The main challenge is to controllably modify the target material surfaces with negatively/positively charged species, such as negatively charged poly(styrene sulfonate) (PSS), and positively charged aminopropyltrimethoxysilane (APTS) moieties and poly(diallyldimethylammonium chloride) (PDDA) [22].

4. Electrochemical performance of pure MnO₂ nanostructures

4.1. Amorphous MnO₂ powder electrodes

The MnO₂ powders prepared at low temperatures are generally amorphous or poorly crystalline in nature [23]. In addition, the as-prepared samples often contain a certain amount of hydrated content, which exists in the form of residual structural water and/or hydrated trivalent MnOOH. The hydrated MnO₂ powders have large surface area because of ultrafine nanoparticle morphology. Although the amorphous structure can be maintained up to 300°C, the hydrated amount and the surface area decrease significantly with increasing annealing temperature and dwelling time [8, 24].
The electrochemical properties of the amorphous MnO$_2$ powder electrode are closely related to their surface area and hydrated amount. According to the Eq. (1), an increase in the surface area is rather favorable for enhancing specific capacitance. The hydrated species can also modify the MnO$_2$ surface affinity, which facilitates the electrolyte access and ion transport for enhanced performance. It was revealed that the amorphous MnO$_2$ had the largest surface area and also possessed the best electrochemical performance. A dramatic decrease in the surface area and water content were observed after annealing treatments, which, in turn, degraded the specific capacitance.

4.2. Crystalline MnO$_2$ powder electrodes

As mentioned earlier, MnO$_2$ can exist in various crystal forms. The arrangement of [MnO$_6$] basic building unit enables the construction of one-dimensional, two-dimensional, and three-dimensional tunnel structures. The tunnel space, depending on the tunnel sizes, can accommodate cations, such as K$^+$, Na$^+$, Li$^+$, Ca$^{2+}$, Mg$^{2+}$, etc., which favors the energy storage according to Eq. (2). Recently, Ghodbane et al. has carried out a systematic study dealing with the microstructural effects on electrochemical properties in crystalline MnO$_2$ [7]. As shown in Figure 1, the three-dimensional spinel $\lambda$-MnO$_2$ exhibits the highest specific capacitance followed by the two-dimensional $\delta$-MnO$_2$ and, finally, the one-dimensional group shows the lowest values. To some extent, the specific capacitance increases with an increase in the tunnel size. One exception is the Ni-todorokite, which has a large tunnel size but a low-specific capacitance. The reason is the presence of very short and strong hydrogen bonds, which stabilize the hydrated cations inside the cavity and impede the ion diffusion through the tunnels. Additionally, it was found the specific capacitance did not depend on the specific surface area, and the ionic conductivity exerted great influence on the electrochemical performance. The comparison suggests the charge storage in MnO$_2$ is a fundamentally Faradaic process.

![Figure 1. Comparison of the specific capacitance, ionic conductivity, and surface area of various MnO$_2$ nanostructures [7].](image-url)
Hydrothermal or solvothermal methods are appropriate techniques to prepare MnO$_2$ nanostructures, including nanorods, nanotubes, and nanowires, [4, 15]. The as-prepared products showed distinct morphologies, but the electrochemical results are highly scattered. There is no consistent relationship among the synthesis conditions, microstructures, and specific capacitance. In general, MnO$_2$ with high crystallinity shows a low-specific surface area, and the cations in the tunnel structure are difficult to be extracted for TSM, thereby resulting in limited specific capacitance.

4.3. Thin-film MnO$_2$ electrodes

Thin-film MnO$_2$ electrodes have been massively explored for deepening fundamental studies and finding potential applications as microscale energy storage devices. In this regard, a number of MnO$_2$ thin-film electrodes have been directly prepared on a current collector, such as metal foils, carbon cloth, etc., through anodic/cathodic electrodeposition. In terms of the charge storage mechanism, the most desirable morphology should be of three-dimensional and porous nanoarchitectures with good connection to a highly conductive substrate. Therefore, much effort has focused on the morphology-controlled growth of porous MnO$_2$ nanostructures, with a purpose of obtaining more accessible electroactive sites and short ion diffusion pathways. This can be achieved by controlling the deposition conditions and using porous templates. For example, galvanostatic, or potentiostatic techniques were employed to fabricate porous fibrous network, nanorods, and nanosheets [25–27].

As for anodic electrodeposition, chemically stable metal (e.g., Ti or Ta foils, etc.) and carbon (graphites, carbon fabric, etc.) substrates should be employed to address the problem of anodic oxidation and dissolution of metal substrates (e.g., stainless steel). In sharp contrast, cathodic deposition is a good method to break this limit. Electrodeposition from a dilute NaMnO$_4$ solution (0.02 M) produced a typical surface morphology of fibrous film with a birnessite-type crystal structure [28]. Compared to the pure MnO$_2$ powders in Sections 4.1 and 4.2, the MnO$_2$ thin films can deliver much higher specific capacitance.

4.4. Summary

Pure MnO$_2$ nanostructures with different crystal phases and morphologies can be easily prepared using solution-based methods. Unfortunately, the overall specific capacitances of the amorphous and crystalline MnO$_2$ powders are mostly ranging from 100 to 250 F/g, which are far from satisfaction. According to the charge storage mechanisms, the Faradaic reactions of MnO$_2$ only occur at the surface or subsurface within tens of nanometers. Thus, to maximize the high electrochemical utilization of MnO$_2$, the thickness of MnO$_2$ should be kept in a nanoscale range. This is confirmed by a high-specific capacitance of 300–800 F/g when MnO$_2$ thin films were deposited on the conductive substrates. The specific capacitance can even reach the theoretical value when thickness of MnO$_2$ film is only several nanometers. The reason can be rationalized by the nanostructured MnO$_2$ shortening both ionic and electronic transport/diffusion distances for faster reaction kinetics. However, the thin films are limited by their low mass loading, which cannot meet large scale practical applications.
5. Electrochemical performance of MnO$_2$-based nanocomposites

5.1. MnO$_2$-carbon nanocomposites

Over the past decades, carbon nanostructures have received intensive attention in various communities of material science and chemistry. First, carbon nanostructures are the most effective electrode material candidates for EDLCs owing to the versatile size dimensionality, high surface area, good electrical conductivity, and strong structural stability. Nevertheless, carbon-based electrodes are limited by their low specific capacitance. To break this limitation, carbon structures often serve as favorable supports for MnO$_2$ by making complementary functions. In this section, we emphasize on the composites with one-dimensional carbon nanotubes (CNTs) two-dimensional, graphene, and three-dimensional mesoporous carbon [29].

5.1.1. MnO$_2$-CNTs

CNTs exhibit fascinating physicochemical properties of high electrical conductivity, high surface area, good chemical stability, and strong mechanical strength [29]. CNTs are increasingly employed as substrates for anchoring pseudocapacitive MnO$_2$ to form nanocomposites. The nanocomposites can utilize the large pseudocapacitance of MnO$_2$ and the conducting and mechanical merits from CNTs. Moreover, the nanocomposites could inherit the well-developed CNTs networks with open mesopores. Consequently, the MnO$_2$-CNTs nanocomposites are expected to exhibit superior electrochemical properties. The key issue to obtain high-performance MnO$_2$/CNT nanocomposites is how to uniformly deposit nanostructured MnO$_2$ onto CNTs. To ensure the uniformity, the CNT powders should be homogeneously dispersed in a solution by means of surface modification and/or ultrasonic treatments. The three-dimensional CNT network in the suspension can combine MnO$_2$ nanostructures (e.g., nanorods or nanoclusters) using various chemical or electrochemical deposition methods. The most favorable method is based on a spontaneously redox reaction of MnO$_4^-$ and carbon, enabling in situ deposition of MnO$_2$ on CNTs [30–32]. Figure 2a shows a typical core-sheath hierarchy architecture constructing by MnO$_2$ nanostructures surrounding the CNT surfaces [33]. Under assistances of some modified techniques, such as the hydrothermal method, the refluxing, and the microwave irradiation, a variety of MnO$_2$/CNT nanocomposites with different mass loadings and morphologies (e.g., nanoflakes and nanorods) of MnO$_2$ have been demonstrated to exhibit improved electrochemical performance.

In addition to the surface deposition, MnO$_2$ nanoparticles can also be embedded into the well-defined CNT nanochannels, as shown in Figure 2b [34]. The confined MnO$_2$ are likely to exist in a more reduced state, and accordingly, the pseudocapacitive performance of MnO$_2$ can be improved by modifying the redox couples of Mn$^{3+}$/Mn$^{4+}$. The specific capacitance normalized by MnO$_2$ is almost close to the theoretical value (1250 F/g). These intriguing results may provide new insights into the configuration of MnO$_2$ with nanocarbon for developing high-performance electrode materials.
5.1.2. MnO$_2$-graphene

Graphene is a hottest star material in recent years due to its attractive characteristics of high electrical conductivity, good mechanical flexibility, high theoretical surface area (2600 m$^2$/g), and high thermal and chemical stability [35]. To exploit the potential of graphene-MnO$_2$ nanomaterials for supercapacitors, the main challenge is to prevent graphene nanosheets from restacking during material synthesis and cycling operation. MnO$_2$ nanostructures can act as interlayer spacers to effectively suppress the graphene restacking, thus facilitating fast ion diffusion/transport within the electrode materials. Moreover, the electrical intimate interaction of MnO$_2$ and graphene can boost interfacial charge transfer to ensure rapid redox reactions of MnO$_2$. In addition, graphene is capable of playing a "flexible confinement" role to enwrap MnO$_2$ nanostructures through preventing inner MnO$_2$ from electrochemical dissolution. Therefore, a strong synergetic effects benefiting from the enhanced conductivity, increased interfacial area as well as reinforced structural stability can be yielded in MnO$_2$-graphene nanocomposites. To date, a great number of studies are devoting to (i) addressing the synthesis complexity and scalability, (ii) tailoring MnO$_2$ nanostructures with a desired morphology and mass loadings in between graphene nanosheets, and (iii) improving electrical and mechanical connections between graphene and MnO$_2$.

There are two favorable approaches for the controlled fabrication of the target MnO$_2$/graphene nanocomposites. The first one is based on an in situ redox reaction between KMnO$_4$ and graphene or GO, as illustrated in Figure 3a [36]. The rich oxygen-containing functionalities of graphene layers ensure a high-MnO$_2$ mass loading. Functionalization of graphene, such as nitrogen doping, has become a key-enabling technology to improve the activities of graphene by increasing its conductivity and surface active sites. The other approach is a solution-based chemical mixing of separate MnO$_2$ nanostructures with graphene, i.e., the formation of MnO$_2$ is independent on graphene. Based on the electrostatic interaction assembly method, MnO$_2$
nanostructures can be uniformly incorporated and strong anchored in between the graphene nanosheets [22, 37]. Figure 3b and c exemplify a graphene-wrapped MnO$_2$ nanocomposite by co-assembling positively charged honeycomb-like MnO$_2$ nanospheres and negatively charged graphene nanosheets [22]. It is noted that the morphology, crystallinity, and mass loading of the nano-MnO$_2$ in the nanocomposites have great influence on the performance. In addition, controlling oxygen content of graphene plays a critical role in the fabrication of high-performance nanocomposites. It is believed that a simple, low-cost, and eco-friendly method is more favorable for controllably and scale-up fabricating MnO$_2$/graphene nanocomposites with high performance.

![Figure 3](image)

**Figure 3.** (a) Schematic illustration for redox deposition and charge storage process of MnO$_2$/graphene nanocomposite. (b) TEM image of MnO$_2$ honeycombs/graphene. (c) Schematic illustration for honeycomb-like MnO$_2$ on graphene through electrostatic assembly.

5.1.3. MnO$_2$/carbon nanotube/graphene

CNTs could serve as a spacer to prevent adjacent graphene nanosheets from restacking and as conductive networks to accelerate electron transport of hybrid carbon composites. Recently, a few studies have exploited MnO$_2$/CNT/graphene nanocomposites for high performance supercapacitors. The highly porous and conductive CNT/graphene composites can offer fast electronic and ionic channels for reversible Faradic redox reaction of MnO$_2$ nanostructures. MnO$_2$-coated CNTs were intercalated in between graphene nanosheets to form hierarchical nanocomposites [38]. The core step is the creation of positively charged MnO$_2$/CNT function-
alized with PDDA, which drives an electrostatical self-assembly with highly negatively charged graphene nanosheets. In this architecture, MnO$_2$/CNT is able to effectively prevent graphene nanosheets from severe agglomeration. In addition to solution-based chemical assembly, chemical vapor deposition (CVD) method was recently utilized to grow CNT spacers in between graphene nanosheets [39]. The highly conductive network and the porous architecture enable the nanocomposites to exhibit an improvement in the specific capacitance.

5.1.4. MnO$_2$-mesoporous carbon

Compared to activated carbon, ordered mesoporous carbons (OMC) possess uniform mesopores of several nanometers in diameter. The presence of the ordered mesopores is beneficial for electrolyte wetting and rapid ionic motion, which could address the rate-limiting issue of supercapacitors. The favorable mesostructure also enables OMC to be an ideal host material for compositing MnO$_2$ nanostructures. However, the encapsulated MnO$_2$ may result in disappearance of uniform mesopores and generate micropores between the nanoparticles, which prevent the mass transfer of electrolyte ions and also the formation of a double-layer required for high performance supercapacitors [40]. Hence, controlled growth of the nanoparticles homogeneously within the mesopores is crucial.

Figure 4. (a) TEM images of MnO$_2$/CMK-3. (b) TEM image of highly graphitic carbon-tipped MnO$_2$/mesoporous carbon/MnO$_2$ hybrid nanowires.

Figure 4a exhibits a MnO$_2$/OMC composite prepared using an *in situ* redox reaction between KMnO$_4$ and the mesoporous carbon [41]. MnO$_2$ nanostructures are uniformly incorporated into the mesoporous carbon wall and the ordered mesopore structures are well-preserved. It is anticipated that OMC hosts are capable of holding the advantage of providing fast ion transport pathways for a high-rate power delivery; however, the rate capability of the composites is scarcely evaluated. This may be attributed to the relatively low electrical conductivity of OMC because the carbonization temperature is generally no more than 1000°C. This factor would become a bottle neck that would kinetically limit the charge transfer process. In combination of the favorable mesoporous structure and enhanced electrical conductivity, a
novel one-dimensional, highly graphitic carbon-tipped MnO$_x$/mesoporous carbon/MnO$_x$ (MMCM) hybrid nanostructure was demonstrated as a high-performance electrode material [42]. The unique TEM image of as-prepared hybrid nanowires are illustrated in Figure 4b, which is different from traditional structures with MnO$_x$ deposited on the surfaces of carbon materials. Such a highly graphitic carbon-tipped mesoporous carbon shell provides efficient channels for ion transport into the core MnO$_x$ and improves electrical conductivity for electron transfer. The fascinating results offer a new direction on the design of ideal electrode materials with a high-specific capacitance, an excellent rate capability, and a long-term cyclability.

5.2. MnO$_x$-conducting polymer nanocomposites

Conducting polymers are another class of pseudocapacitive materials due to their fast and reversible doping/undoping kinetics, ease in preparation, environmental stability, and anti-corrosion purposes [43]. The conducting polymers could provide good electronic conductivity for MnO$_x$, and in turn, MnO$_x$ offers a solid support and a percolated electrical conducting pathway by interlinking the polymer chains, thus improving charge exchange efficiency and stability during redox cycling. In combination of high pseudocapacitance of both components, a strong synergistic effect is expected to integrate into a composite of MnO$_x$/conducting polymers.

5.2.1. MnO$_x$-polyaniline (PANi)

Polyaniline (PANi) is one of the most used conducting polymers due to its high doping level, good electrical conductivity, and environmental stability. Theoretical specific capacitance of PANi reaches 750 F/g, which makes it being widely used to combine various MnO$_x$ [56]. KMnO$_4$ is the common oxidant to polymerize aniline monomers into PANi accompanying with an instantaneous formation of MnO$_x$:

$$\text{KMnO}_4 + \text{aniline} \rightarrow \text{MnO}_x + \text{PANi}$$

(7)

This method leads to a good contact at an inter-molecule level between each component. It is demonstrated mesoporous MnO$_x$/PANi hollow spheres using an interfacial synthesis technique (Figure 5a) [16]. The coupling reaction was carried out at the organic/water interfacial region, favoring the self-assembly of the composites with high surface area, uniform pore-size distribution, and hierarchical architecture. In addition to the aniline monomers, PANi nanostructures were used as reactive templates to reduce KMnO$_4$ with MnO$_x$ nanostructures depositing onto the PANi surface. Figure 5b shows ultrathin MnO$_x$ nanorods grown on surfaces of conducting polymer nanofibers (PANI, polypyrrole (PPy), and PEDOT (poly(3,4-ethylenedioxythiophene))) by simply soaking the nanofibers in a KMnO$_4$ aqueous solution [43]. Furthermore, owing to the high chemical oxidation potential of MnO$_x$ (1.23 V) in an acidic condition, the aniline monomers can be polymerized with a simultaneous reduction of MnO$_x$ into soluble Mn$^{2+}$ ions, which provides a rational chemical method for in situ dispersing MnO$_x$ on PANi supports [44]. Owing to the reactive template nature, morphologies of the
nanocomposites can be shaped by the pristine MnO$_2$ and the PANi content can be controlled by the polymerization time or the reaction ratio of aniline/MnO$_2$.

Figure 5. TEM images of MnO$_2$/PANI (a) hollow spheres and (b) nanofibers.

5.2.2. MnO$_2$-polypyrrole (PPy)

PPy is another low-cost conducting polymer that can be used as promising electrode materials for supercapacitors. It is noteworthy that, unlike PANi showing good supercapacitive behavior in an acidic electrolyte, PPy holds the capability to possess excellent electrochemical properties in neutral electrolytes, which are highly compatible with MnO$_2$. KMnO$_4$ is a proper oxidant to chemically polymerize pyrrole monomers into PPy in relation to the formation of MnO$_2$ by reducing MnO$_4^-$ [45]. The dispersed MnO$_2$ nanoparticles adhered to PPy chains increase the surface area and retard the structural deterioration of PPy backbones. As mentioned earlier, MnO$_2$ nanostructures could serve as solid reactive templates for in situ polymerization of pyrrole monomers in an acidic environment, thus forming MnO$_2$/PPy nanocomposites without using any surfactants and/or additional oxidants. To this end, unique one-dimensional coaxial MnO$_2$/PPy nanotubes were developed [46, 47].

5.2.3. MnO$_2$-polythiophene (PTh)

Lu and Zhou reported a one-pot interfacial synthesis to fabricate mesoporous MnO$_2$/PTh nanocomposite having uniform submicron-sphere/nanosheet hierarchical structures [48]. The significant roles of PTh in the nanocomposite are emphasized in terms of their functions on enhancing the electrical conductivity and constraining the dissolution of MnO$_2$ component.

5.3. MnO$_2$-carbon-conducting polymer ternary nanocomposites

In order to fully exploit the advantages of different carbon and/or conducting polymers, MnO$_2$ can be combined with the dual-supports to make a maximum use of its utilization. Carbon nanostructures (e.g., CNTs) can facilitate easy electrolyte accessibility and fast electron
transport into the bulk electrode materials, meanwhile the conducting polymers can contribute to more charge storage and better inter-particle connectivity to MnO$_2$. This ternary design approach is expected to show improved performance, since each component in the ternary nanocomposite serves its unique and desired functions to collectively optimize their electrochemical properties.

As for the MnO$_2$-CNT-conducting polymer nanocomposites, Figure 6a presents a typical synthesis route [21]. The CNT surface was modified by wrapping negatively charged PSS, which electrostatically attract Mn$^{2+}$ species and monomers (i.e., aniline, pyrrole, and EDOT). The large number of surface sites (–SO$_3^-$) have strong interactions of growing nucleus, which facilitate an ordered growth of nanostructured MnO$_2$ and conducting polymers and further hinder the inter-particle agglomeration. The molecular level dispersion of MnO$_2$ in the CNT networks and conducting polymer matrixes results in a strong synergistic interaction. Electrochemical polymerization can also be used to deposit nanometer-thick outer layer of PEDOT onto a coaxial MnO$_2$/CNT composite [49]. Moreover, sonochemical processing was employed to wrap a water-soluble conducting polymer of PEDOT-PSS onto a binary composite of hierarchical MnO$_2$ nanospheres/CNTs, as shown in Figure 6b and c [50]. PEDOT-PSS not only served as a dispersant to stabilize the composite suspension, thus facilitating the electrode fabrication without use of binders, but also offered a good inter-particle connectivity between MnO$_2$ and CNTs.

5.4. Summary

Carbon nanostructures offer excellent substrates for enhancing the electrochemical performance of MnO$_2$. The carbon can be dispersed homogeneously into a solution, facilitating a
uniform deposition of MnO$_2$ nanodeposits onto the carbon surface through a solution-based processing. The high surface area of carbon supports also provides a large number of anchoring sites for MnO$_2$ formation and enlarges the contact interfaces between MnO$_2$ and electrolyte. It is worthy to note that a porous carbon having well-ordered pore channels can permit fast electrolyte transport, meanwhile, a well-graphitic carbon with enhanced electrical conductivity can enable rapid charge collection/transfer under a high-rate operation. Conducting polymers can work in good synergy with MnO$_2$ to capture a maximum electrochemical harvesting from the large pseudocapacitances. A rational design strategy is necessary to control the MnO$_2$ dispersion into conducting polymers by tuning the synthesis conditions. For the \textit{in situ} redox deposition, the mass loading of MnO$_2$ is extremely limited because an over-oxidation of conducting polymers would destroy their $\pi$-conjugated structure, and accordingly, substantially lose their conductivities and electroactivities. A better synthesis alternative is to use MnO$_2$ nanostructures as reactive templates for polymerizing polymer monomers surrounding its outmost surfaces. The synchronous formation of MnO$_2$ and conducting polymers in the chemical co-precipitation method facilitates a molecular level interaction with each other, but the electrochemical performance depends on the morphologies of the nano-composites. Interfacial synthesis is an optional approach to prepare a composite with mesoporous structure.

Ternary nanocomposites are capable of maximizing the desirable functions of each component. The synergistic contribution results in great capacitance enhancement, high-rate delivery and better cycling performance. Furthermore, it is important to bridge MnO$_2$ and carbon to electrolytes with a large interaction area by controlling the thickness of conducting polymer layers and their spatial distribution in the ternary structure.

6. Asymmetric supercapacitors based on MnO$_2$ nanostructures

6.1. Fabrication principles

To make an asymmetric supercapacitor that can operated stably in a wide potential range, the critical issue is to couple electrode materials with different high overpotentials for hydrogen or oxygen evolutions [51]. It is known that MnO$_2$ nanostructures normally work in the electrochemical potential window of 0.0–1.0 V (vs. SCE). Therefore, the coupled electrode materials should have a potential window in a range far beyond 0.0–1.0 V. Since the first report of MnO$_2$|| activated carbon asymmetric supercapacitor by Hong et al. in 2002 [52], carbon materials have attracted massive attention as coupled electrodes, because they can operate in a wide potential window from −1.0 to 0.1 V vs. SCE (Saturated Calomel Electrode) [17]. A wide operating potential window of 2.0 V is yielded in the assembled asymmetric supercapacitor in a Na$_2$SO$_4$ aqueous electrolyte. The asymmetric supercapacitor could even work in a working voltage as high as 2.3 V after elaborating the electrode materials (e.g., mass ratio) and cell assembly (e.g., oxygen expelling). Such a high-cell voltage is comparable to a commercially available symmetric supercapacitors using organic electrolyte (2.5 V) [51]. Consequently, the energy density of asymmetric supercapacitors is exceptionally high, reaching over 20 Wh/kg,
almost one order of magnitude higher than that of the aqueous-based symmetric supercapacitor and also greater than that of organic-based SSCs (17–18 Wh/kg).

In addition to the carbon materials, pseudocapacitive materials, such as metal oxides and conducting polymers (e.g., PANi, PPy, and PEDOT), can be used as coupled electrodes for asymmetric supercapacitors. It is noted that the electrochemical oxidation/reduction potential is essentially associated with the work function of a metal oxide [53]. A large work function difference of two metal oxides provide an opportunity of enlarging operating voltage larger than the dissociation energy of an aqueous electrolyte because the water decomposition is kinetically limited by hydrogen and oxygen evolution reaction on the surface of metal oxides. Hence, a metal oxide with a largest work function difference from MnO$_2$ is more appropriate for asymmetric supercapacitor assembly to maximizing cell voltage in neutral aqueous electrolytes.

Moreover, another important technological issue is to balance the charge ($Q$) that stored at positive and negative electrodes. The charge stored by each electrode is linearly proportional to the specific capacitance ($C$), the potential window ($\Delta U$), and the mass ($m$) of an electrode material, i.e., $Q = C \times \Delta U \times m$. In order to obtain charge balance, i.e., $Q_+ = Q_-$, the optimal mass ratio of the positive electrode ($m_+$) against negative electrode ($m_-$) can be estimated according to Eq. (8) [17]. It should be noted that the optimal mass ratio is responsible for an ideal capacitive behavior with a maximum cell voltage and a high-Coulombic efficiency.

\[
\frac{m_+}{m_-} = \frac{C_+ \times \Delta U_+}{C_- \times \Delta U_-}
\]  

(8)

### 6.2. Asymmetric supercapacitor cells

Carbon materials are of particular interest as negative electrodes for asymmetric supercapacitors due to their characteristics of good EDLC, a high-overpotential for hydrogen evolution, excellent electrical conductivity for high power delivery, and good chemical inertness for long cycle life. In this regard, various carbon materials have been explored including graphene, CNTs, activated carbon nanofibers (ACNFs), carbon sphere (CS), ordered mesoporous carbon, etc., to couple MnO$_2$.

Graphene-based materials have been received intensive attention for asymmetric supercapacitors. First, graphene itself exhibits outstanding physiochemical and capacitive properties. Second, the ultrathin two-dimensional structure of graphene provides a large surface area for anchoring MnO$_2$ nanostructures [54, 55]. In addition, graphene-based materials can also be compacted into free-standing electrodes, which endow asymmetric supercapacitor with flexibility and lightweight. The energy and power values would be more fascinating at a device level taking the additives (binders and conductors) and the current collectors into account. Figure 7 demonstrated porous hybrid thin-film structures of MnO$_2$/graphene and graphene/Ag, which are highly flexible, mechanically robust, and ultra-lightweight using the ordinal filtration assembly method [55]. The flexible device extended the operating potential window to 1.8 V and showed an energy density of 50.8 Wh/kg.
Figure 7. Illustrations of (a) MnO$_2$/graphene or graphene/Ag freestanding films and (b) the as-fabricated asymmetric supercapacitor devices.

CNTs and carbon nanofiber fabrics were demonstrated to serve excellent one-dimensional negative materials for energy storage devices due to their high electrical conductivity, good mechanical stability, and flexibility [56–60]. On one hand, MnO$_2$ nanostructures can be uniformly deposited around the one-dimensional carbons and the resulting nanocomposites showed pronounced electrochemical properties. On the other hand, the porous one-dimensional carbons possess good electric double-layer capacitance, thus becoming highly promising negative candidates for asymmetric supercapacitors. The asymmetric supercapacitors assembled by one-dimensional carbons as the negative electrodes and MnO$_2$/carbon nanocomposites as the positive electrode can be cycled reversibly in a high-voltage region of 0–2.0 V and exhibited a superior energy density of 30–35 Wh/kg in a neutral aqueous Na$_2$SO$_4$ electrolyte. In particular, the asymmetric supercapacitors based on electrospun carbon nanofibers are rather promising to meet the ever-increasing demands of high energy/power densities because of the scalability, easy-fabrication, and low-cost of the electrospinning technique [56].

In addition to the carbon materials, metal oxides and conducting polymers, such as SnO$_2$, MoO$_3$, PANi, PPy, and PEDOT, were also explored as negative materials to couple MnO$_2$ nanostructures [51, 61]. MoO$_3$ would be the most favorable coupled pair of MnO$_2$ because of their largest work function difference [53]. To this end, MoO$_3$/graphene composite and MnO$_2$/graphene nanocomposite were prepared to serve as the negative electrode and the positive electrode for the fabrication of an asymmetric supercapacitor. The as-assembled device can operate stably in a wide voltage window of 2.0 V, and more significantly, exhibited a high-specific capacitance of 307 F/g and a high-energy density of 42.6 Wh/kg.

7. Summaries and perspectives

MnO$_2$-based electrode materials hold a particular prospect for future supercapacitor applications although there are still some obstacles that need to be conquered. To better utilize the
electrochemical performance of MnO$_2$, it is necessary to create more electrochemically active sites or reduce the ion/electron transport distance by modifying surface chemistry and structure of MnO$_2$. One of the most effective approaches is incorporating nanoscaled MnO$_2$ into a highly porous and electronically conductive framework, such as carbon scaffolds and conducting polymers, to form a hybrid material. Benefiting from the synergistic contribution from each component in the composite, the consistent progress in the research and development of MnO$_2$-based nanocomposites have achieved many breakthroughs in terms of charge storage mechanism, smart design strategies, and technological innovations. It should be noted that more advanced characterization tools and new methodologies as well systematic studies are still required to deepen the fundamental understanding of material chemistry and electrode/electrolyte interface. The energy and power densities of supercapacitors can be significantly improved by one magnitude through a simple asymmetric configuration method. Although many limiting factors, such as optimal coupled electrode, high-cost issue, complex fabrication process, moderate cycle life, etc., are required to be conquered urgently, it is believed that the ongoing research would bring MnO$_2$-based asymmetric supercapacitors to an acceptable level for practical applications.

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Author details

Jian-Gan Wang

Address all correspondence to: wangjiangan@nwpu.edu.cn

State Key Laboratory of Solidification Processing, Center for Nano Energy Materials, School of Materials Science and Engineering, Northwestern Polytechnical University, X’An, China

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