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Abstract
The modification of the surface energy of textile fibers to improve functional properties such as the wettability was reviewed. This modification can be achieved by physical or chemical methods or by the combination of both. Applications of plasma treatment to improve the wettability of natural and synthetic fibers were considered and some methods of wettability measurement were mentioned. Subsequently the methods aimed to confer water and oil repellency were discussed and the treatment by UV curing of fluorochemicals was explained in detail. Finally the sol-gel techniques useful to modify the surface properties of textiles were introduced and the results of water and oil repellency achievable by sol-gel were presented.

Keywords: Surface energy, Wetting, Textile fibers, Plasma, Contact angle, Water repellency, Oil repellency, Fluorochemicals, UV-curing, Sol-gel

1. Introduction
The modification of the surface energy of textile fibers is pursued with the aim of improving their own hydrophilicity, wettability, and dyeability or of conferring functional properties such as hydro and oil repellency, soil release, adhesion improvement, and antistatic performances. If the modification is confined to a thin surface layer of the fibers, the bulk properties of a textile material, such as mechanical strength, flexibility, breathability, and softness, should not be compromised.
The wettability of a surface depends on the surface tension of the liquid that goes into contact with the same. Water has a very high surface tension (72.8 mN/m), so it tends to wet only surfaces bearing highly polar groups; otherwise, it forms spherical drops with contact angles higher than 90°. Instead, apolar liquids of lower surface tension get drops flatter than those of water. Hydrophobic or oleophobic surfaces are difficult to wet by water or apolar liquids, respectively, and are called low-energy surfaces. Wetting, in reality, is much more complex than as described by classical laws. This primarily comes from the non-ideality of solid substrates that are both rough and chemically heterogeneous [1]. Such a situation commonly occurs in the case of textile materials and can be evidenced by the hysteresis of the contact angle [2].

The surface modification of textile fibers can be achieved by physical or chemical methods or by the combination of both. Plasma treatments and exposure to radiations are mainly representative of physical methods, although their effects are often accomplished in the presence of reactive gases or after impregnation with suitable chemicals. However, chemical treatments can generally be carried out with oxidants or other finishing agents, followed by thermal treatment. Among the latter methods, sol–gel techniques are the more promising for surface modification.

Among the textile fibers, there are many differences regarding wettability and surface structure. Natural fibers have cellular structures that are more complex than those of man-made fibers obtained by chemical spinning. Wool and fine animal fibers are mainly composed of keratin, but show the structure of composite material formed by an assembly of cuticle cells in the form of scales and cortical cells surrounded by a keratin cell membrane and held together by an intercellular cement. The cell membrane consists of a chemically resistant protein layer and a lipidic layer that constitutes a hydrophobic barrier to the transfer of water and dye molecules from an aqueous solution [3]. Therefore, a wettability improvement of these fibers can be obtained by the removal of the hydrophobic lipidic layer and by the introduction of polar groups on the surface, both performed by chemical and/or physical means. A chemical treatment is usually made by chlorination, which modifies the scale edges of wool and increases the critical surface tension of the fibers. In such a manner, the chlorinated fibers are made more wettable and dyeable and can be coated with polymers, conferring the shrink-resist effect. However, many research works are carried out to find alternative processes that avoid chlorination in order to remove the problem of the formation of absorbable organohalogen compounds in wastewaters [4]. To this aim, plasma treatments have extensively been studied, but even other cheaper eco-friendly processes have been experimented, in particular for dyeability improvement, such as treatment with enzymes or ultraviolet (UV) irradiation. A list of selected references is reported in Table 1.

Cotton and cellulose fibers are more homogeneous than wool and are richer in hydroxyl groups that confer higher hydrophilicity; hence, their surface modifications are mainly directed to confer hydro and oil repellency. This topic will be treated in paragraphs 3 and 4. Moreover, the exhaust dyeing of cotton with anionic dyes, i.e., direct and reactive, request a high concentration of electrolytes in dyebath to reduce negative charges on the fiber surface and to promote the exhaustion of dyes. This requirement creates environmental issues due to the removal of high concentrations of salts and dyes from wastewaters. To overcome such
problems, many treatments with plasma, chemicals, and polymers were experimented to impart a cationic character to the cotton fiber surface [27]. Chitosan, 2-amino-2-deoxy-(1 → 4)-β-D-glucopyranan, derived from the deacetylation of the chitin component of the shells of crustaceans, is undoubtedly one of the more promising multifunctional polymers for surface modification of textiles [28]. It is a biopolymer with unique properties such as biodegradability, nontoxicity, and antimicrobial activity; hence, it was mainly applied to textiles as an antimicrobial finishing agent. Moreover, cotton treated with chitosan shows improved absorption of anionic dyes due to electrostatic attraction arising from the cationized amino groups of

<table>
<thead>
<tr>
<th>Process type</th>
<th>Topic</th>
<th>Reference</th>
</tr>
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<tbody>
<tr>
<td>LPP</td>
<td>Surface characterization</td>
<td>Kan 2004 [5]</td>
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<tr>
<td>LPP</td>
<td>Review</td>
<td>Kan 2007a [7]</td>
</tr>
<tr>
<td>LPP</td>
<td>Effect on wool dyeing</td>
<td>Kan 2007b [8]</td>
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<tr>
<td>APP</td>
<td>Wettability improvement</td>
<td>Wang 2007 [9]</td>
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<td>LPP</td>
<td>Application of HMDSO coating</td>
<td>Rombaldoni 2008 [10]</td>
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<td>APP</td>
<td>Ageing effect</td>
<td>Naebe 2011 [12]</td>
</tr>
<tr>
<td>Enzyme</td>
<td>Effect on dyeing kinetics</td>
<td>Onar 2005 [14]</td>
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<td>Dyeability, antifelting</td>
<td>Cardamone 2006 [15]</td>
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<td>Enzyme</td>
<td>Effect on wool dyeing</td>
<td>Parvinzadeh 2007 [16]</td>
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<td>Enzyme</td>
<td>Effect on wool dyeing</td>
<td>Cui 2009 [17]</td>
</tr>
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<td>Enzyme</td>
<td>Low temperature dyeing</td>
<td>Periolatto 2010 [18]</td>
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<td>Enzyme</td>
<td>Influence on dyeing</td>
<td>Periolatto 2011 [19]</td>
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<tr>
<td>Enzyme</td>
<td>Influence of lipids on dyeing</td>
<td>Ferrero 2015 [3]</td>
</tr>
<tr>
<td>UV irradiation</td>
<td>Printability improvement</td>
<td>Shao 2001 [20]</td>
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<td>UV irradiation</td>
<td>Surface modification, dyeing</td>
<td>Xin 2002 [21]</td>
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<td>UV irradiation</td>
<td>Improving properties</td>
<td>El-Zaheer 2002 [22]</td>
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<td>UV irradiation</td>
<td>Dyeability improvement</td>
<td>Micheal 2003 [23]</td>
</tr>
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<td>UV irradiation</td>
<td>Multifunctional finishing</td>
<td>Periolatto 2013 [24]</td>
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<tr>
<td>UV irradiation</td>
<td>Differential dyeing</td>
<td>Migliavacca 2014 [25]</td>
</tr>
<tr>
<td>UV irradiation</td>
<td>Low temperature dyeing</td>
<td>Periolatto 2014 [26]</td>
</tr>
</tbody>
</table>

APP: Atmospheric pressure plasma; LPP: low-pressure plasma.

Table 1. Processes of wool surface modifications.
chitosan in an acidic medium. However, chitosan should stably be bonded to the fiber surface to ensure the fastness of treatment to washing. To this aim, crosslinking agents such as dialdehydes are used, although these are toxic chemicals. On the contrary, an eco-friendly grafting of chitosan onto cotton can be carried out by radical UV curing in the presence of a low concentration of a photoinitiator [29, 30].

A list of selected references on the surface modification of cotton and cellulose fibers is reported in Table 2, whereas a recent review was published by Kalia et al. [31].

<table>
<thead>
<tr>
<th>Process type</th>
<th>Topic</th>
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</tr>
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<td>LPP, APP</td>
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<td>LPP</td>
<td>Dyeability of fabrics</td>
<td>Ozdogan 2002 [33]</td>
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<td>LPP</td>
<td>Repellent coating</td>
<td>Allan 2002 [34]</td>
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<td>LPP</td>
<td>Fluorination</td>
<td>McCord 2003 [35]</td>
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<td>APP</td>
<td>Bleaching and dyeing</td>
<td>Prabaharan 2005 [36]</td>
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<td>APP</td>
<td>Hydrophobic coating</td>
<td>Kim 2006 [37]</td>
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<td>APP</td>
<td>Dyeability of fabrics by acid dyes</td>
<td>Karahan 2008 [38]</td>
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<tr>
<td>LPP</td>
<td>Hydrophilicity improvement</td>
<td>Pandiyaraj 2008 [39]</td>
</tr>
<tr>
<td>LPP</td>
<td>Dyeability of Tencel</td>
<td>Mak 2006 [40]</td>
</tr>
<tr>
<td>Chitosan</td>
<td>Crosslinking for antimicrobial cotton</td>
<td>El-tahlawy 2005 [41]</td>
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<tr>
<td>Chitosan</td>
<td>Crosslinking on UV-irradiated fibers</td>
<td>Alonso 2009 [42]</td>
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<tr>
<td>Chitosan</td>
<td>UV curing for antimicrobial textiles</td>
<td>Ferrero 2012 [29]</td>
</tr>
<tr>
<td>Chitosan</td>
<td>UV curing for antimicrobial textiles</td>
<td>Periolatto 2012 [30]</td>
</tr>
<tr>
<td>Chitosan</td>
<td>UV curing for antimicrobial cotton</td>
<td>Ferrero 2013 [43]</td>
</tr>
</tbody>
</table>

APP: atmospheric pressure plasma; LPP: low-pressure plasma.

Table 2. Processes of surface modifications of cotton and cellulose fibers.

Synthetic fibers such as polyamide and polyester have a compact structure with a low content of polar groups, whereas polypropylene is lacking of them; these are substantially hydrophobic and can be subjected to surface etching by plasma and oxidation to increase porosity and wettability, but the latter purpose is often pursued by grafting of polar monomers or application of hydrophilic coating.

In a similar manner, hydrophobicity and oleophobicity can be increased with a suitable coating obtained by plasma. A selection of articles published in the last 15 years is reported in Table 3.
Table 3. Selected articles on the surface modification of synthetic fibers by plasma treatment.

2. Wettability by plasma treatments

Plasma is commonly defined as an ionized gas in a neutral state with an equal density of positive and negative charges. It is often referred to as the “fourth state of matter,” which can be reached in a wide range of temperatures and pressures. From a chemical point of view, plasma mostly consists of a mix of activated gaseous particles comprising free electrons, radicals, ions, UV radiations, and various highly excited neutral and charged species. It is considered to be a very interesting medium for material processing technologies, with particular regard to surface engineering. In fact, a large variety of treatments aimed at surface modification of different substrates can be carried out, including etching, cleaning, activation, and coating, as detailed below:

- **Etching**: the removal of the bulk substrate material, occurs when the interaction between the solid surface and plasma generates gaseous byproducts, including atoms or molecules, carried away from the surface substrate, removing minimal fractions of bulk material.
• **Cleaning**: the removal of contamination in the form of etching, but with very high selectivity. Only the unwanted surface contaminant is volatilized and removed, whereas the substrate remains unaffected by the process.

• **Activation**: the enhancement of the substrate energy, which generates chemically reactive sites on a previously nonreactive surface.

• **Coating**: the deposition of a functional thin film, occurs if the plasma–solid surface interaction creates a solid-phase material. This process is sometimes called plasma enhanced chemical vapor deposition or plasma polymerization.

Plasmas can be classified by taking into account the employed generation technology (power supply and pressure range) into two major categories: thermal plasmas (very high temperature, not suitable for heat-sensitive materials) and non-thermal plasmas (close to room temperature and suitable for treating textiles). Non-thermal plasmas are also known as low-temperature plasmas and can be subdivided into many different technologies considering the electrical power supply, the operating pressure (low or atmospheric), and the geometrical arrangements.

The laws of plasma physics would make it easier to generate large-volume plasmas at reduced pressure rather than at atmospheric pressure. Moreover, in a closed system under low pressure, it is easier to control the characteristics and composition of the gas atmosphere from which the plasma is generated and, hence, the process chemistry rather than in a system at atmospheric pressure open to ambient air. Nevertheless, a closed system is not easily adaptable to a continuous process of fabric treatment. Therefore, although most of the plasma applications on polymeric materials, including textiles, have been studied using low-pressure plasma (LPP), the atmospheric pressure plasma (APP) technique has demonstrated to be the most interesting tool for large-scale applications on textiles.

Plasma treatments are able to modify the fiber surface, leaving the bulk properties unaffected, and this characteristic is very important for the modification of textile fibers that should not lose their mechanical and chemical properties after treatment. Moreover, the finishing of textile fabrics by plasma technologies can advantageously replace some wet chemical applications as environmental friendly processes, since they do not require water and a high amount of chemicals. By controlling the plasma variables, such as the nature of gas, discharge power, pressure, and exposure time, a great variety of surface properties can be improved, mainly cleaning, wettability, hydrophobic and oleophilic properties, soil release, adhesion of coatings, dyeability, printability, and flame resistance.

An exhaustive book on the applications of plasma technologies to textiles was published by Shishoo [62], whereas the surface modifications by plasma treatments were reviewed by Radu et al. [63] and Morent et al. [64]. Reviews on atmospheric plasma treatments were published by Kale et al. [65] and, more recently, by Wolf [66]. In particular, the plasma pre-treatments to improve dyeability were considered by Deshmukh and Bhat [67], whereas Hossain and Hegemann studied the deposition of thin coatings on synthetic fibers to confer a substrate independent dyeability [68].
The modification induced by plasma treatment on a polymeric surface as a film is easily measured by contact angle determination with the sessile drop method. In the case of textile materials, instead, the measure is strongly affected by the heterogeneous surface structure; therefore, the porosity of the fabrics can often determine a suction effect on the water drop, preventing the contact angle determination. Another technique consists of weight variation measurement by a Wilhelmy balance during capillary wicking. The variety of techniques commonly used to measure contact angles has recently been highlighted by Yuan et al. [69].

Moreover, the hydrophilicity of plasma-treated fabrics can be tested according to the BS 4554:1970 method, known as the drop test, in which a drop of 100.0 μL of deionized water is placed on the surface of the specimen. The time required for the droplet to completely penetrate the fabric was measured by means of a stopwatch.

Poll et al. [32] measured the hydrophilization effect induced by plasma through the suction test. A capillary is filled with a colored test liquid and positioned onto the surface of the fabric layer to be checked. The liquid is absorbed by the fabric to form a colored circle. The diameter of the circle formed after an exposure time of 20 s is a measure of the hydrophilization effect.

Another wettability test can be performed on a fabric strip that is kept vertical, with the lower end immersed in water–dye liquor. A spontaneous wicking occurs due to capillary forces. The absorption height $h$ is recorded as a function of time, and the absorption rate is calculated (capillary rise method, as shown in Figure 1; reprinted with the kind permission of the author in [70]).

Ferrero [58] applied this method to the wettability measurements on plasma-treated synthetic fabrics (polyester and acrylic). The processing of capillary rise data proposed in this work allowed the assessment of wettability improvement by plasma treatment carried out in
different gases (nitrogen, air, and oxygen). Wettability is strongly enhanced by plasma treatment, and after some time, the height reaches an equilibrium value \( h_{eq} \), as shown, for example, in Figure 2, where the wicking curves of untreated and plasma-treated PETs are compared. It is evident that wettability is strongly improved by a mild nitrogen plasma treatment (25 W, 30 s, 65-Pa pressure in a Plasmod apparatus).

Figure 2. Comparison between the wicking curves of untreated and plasma-treated PET fabrics.

The maximum equilibrium height \( h_{eq} \) can be related to the equilibrium static contact angle \( \theta_{eq} \), generally smaller than the dynamic one, by equation (1):

\[
h_{eq} = \frac{2 \gamma \cos \theta_{eq}}{\rho g R_s}
\]

where \( \gamma \) and \( \rho \) are the surface tension and density of the liquid, respectively, \( R_s \) is the mean static radius of pores, and \( g \) is the gravity acceleration. In the early stages of the process, the hydrostatic pressure in equation (1) can be neglected; hence, \( h \) can be related to \( \theta \), advancing contact angle of the liquid on the solid, by Washburn’s equation (2):

\[
h^2 = \frac{\gamma r \cos \theta}{2 \eta} t
\]

where \( r \) in fiber networks means an equivalent radius of the capillary porous structure, and \( \eta \) is the viscosity of the liquid.

Hence, \( h^2 \) values plotted against time show a straight line according to equation (3):

\[
h^2 = D \cdot t
\]

where the slope \( D \) is a capillary diffusion coefficient related to the size of the capillaries \( r \) and to the physicochemical characteristics of the liquid. Therefore, a surface treatment of a fabric that modifies \( r \) and the contact angle, such as plasma treatment, causes variation of this diffusion coefficient. It was observed that \( D \) is affected by the nature of the gas plasma, power, exposure time, and aging. On polyester fabric, nitrogen plasma induces higher wettability than air and oxygen, probably mainly due to surface etching, whereas the wettability of acrylic fabric slightly increases in air plasma with respect to nitrogen.
3. Water and oil repellency by UV curing

Cotton has always been the principal fiber for clothing fabrics due to its attractive characteristics such as softness, comfort, warmth, biodegradability, and low cost. However, the high concentration of hydroxyl groups on the cotton surface makes the fabric water absorbent and easily stained by liquids. Therefore, additional finishes are required to impart hydrophobicity and self-cleaning properties to cotton fabrics. The same finishes are applied to other fabrics, although based on less hydrophilic fibers such as wool, silk, polyamides, and polyester.

In general, water repellency of a fabric can be defined as the fabric’s ability to withstand wetting or penetration by water under test conditions. It is important to distinguish between the terms “water repellent” and “waterproof”. A fabric is made water repellent by the surface modification or deposition of hydrophobic material on the fibers. Water repellent fabrics have open pores and are permeable to air and water vapor. They are resistant to wetting by rain drops, water spreading, and wicking. Waterproofing involves filling the pores in the fabric with a material that is impermeable to water and, usually, to air as well. Water-repellent, but not waterproof, fabrics allow passage of water once the hydrostatic pressure is sufficiently high. Waterproof and water-repellent finishes are required, in particular, for cotton fabrics.

Polysiloxanes are widely used for textile finishing to impart desirable properties such as softness, crease resistance, and water repellency. However, the specific properties conferred by siloxanes depend on the nature of organic functional groups that are incorporated in the polymer structure [71]. Moreover, water and oil repellency is required for protective clothes and is currently achieved by thermal polymerization of fluorinated monomers, which enable a strong increase of water and oil contact angles on the treated fabrics [72]. However, the application of a polymeric coating to a cotton fabric in the form of a thin film ensures good homogeneity of the conferred properties, but the fabric could lose comfort characteristics, such as handling and breathability. Therefore, an alternative method that allows the uniform adsorption of monomers onto each fiber and the formation of polymer chains inside the fibers should be preferred, since the interpenetration of components and uniform distribution of monomers, even at a low concentration, contribute to obtaining textile materials with modified surface properties without a high add-on of polymer. This result can be achieved by a radiation curing method.

Radiation processes have several commercial applications for the coating of metals, plastics, and glass in printing, wood finishing, film and plastic crosslinking, and in adhesives and electrical insulations. The advantages of this technology are well known: energy savings (low-temperature process), low environmental impact (no solvent emissions), simple, cheap, small equipment, and high treatment speed. Despite these advantages, there have been few applications of radiation curing in the textile industry, such as nonwoven fabric bonding, fabric coating, pigment printing, silk grafting, and surface modification of cotton and synthetic fibers [73, 74]. In fact, in textile finishing processes, the conventional thermal curing technique is still used, regardless of energy consumption and cost. Among the textile finishing processes by radiation curing, pigment printing of fabrics has received much attention [75], whereas coatings for shrink-resistant wool, flame-retardant fabrics, and durable press finishes have also
been investigated. Recently, studies on the effects of radiations on textile dyeing have been reviewed by Bhatti et al. [76], whereas the application of ultraviolet irradiation to wool dyeing processes has been experimented [24–26].

Water-repellent fabrics have been obtained by γ-radiation grafting of poly(vinyl methyl siloxane) or methyl hydrogen silicone on hydrophilic substrates. In industrial applications, UV light from a mercury vapor lamp is preferred for thin coatings because of its high efficiency of energy absorption and low equipment cost. In UV curing, radical or cationic species are generated by the interaction of UV light with a suitable photoinitiator, which quickly induces the curing reaction of reactive monomers and oligomers at low temperature, with lower environmental impact and lower process cost than the thermal process. If a monomer and photoinitiator mixture is adsorbed onto the fibers and subsequently UV cured, the polymeric chains can form inside the textile structure, which can be also involved in the formation of graft bonds, making the treatment solid and water resistant.

Ferrero et al. [77] proposed the water-repellent finishing of cotton fabrics by radical UV curing of silicone and urethane-acrylates with different formulations. The results of contact angle, wettability, and moisture adsorption showed that water repellency is already significant at a low resin add-on, whereas the treated fabric maintains its own breathability. SEM analysis confirmed that UV curing yields a coating layer onto each single fiber than a film on the fabric surface.

Polyester and nylon fabrics were made superhydrophobic by the UV curing of a polydimethylsiloxane-containing polyurethane oligomer that was synthesized on purpose. The UV-curable system helps the super hydro-repellent polydimethylsiloxane moiety to anchor onto textile surface, improving the washing stability of the treatment [78].

Moreover, photografting as a surface modification method to provide permanent wettability and wicking performance to deep-groove polypropylene fibers was proposed by Zhu and Hirt [79]. In this case, polyacrylamide and polyacrylic acid were grafted on the fibers by UV irradiation; then, the advancing water contact angle on single fibers decreased from 100° to 55°, and spontaneous wicking of water was observed after surface modification.

On the other hand, a number of research papers have been published on the production and application of different types of fluorochemicals for textile finishing. Fluorochemicals are organic compounds consisting of perfluorinated carbon chains with more fluorine than hydrogens attached to carbon, having thermal and chemical stability. These chains, evenly distributed on the fiber with proper orientation, present an essentially fluorinated surface, which imparts water and oil repellency. In fact, the critical surface tension for fluorocarbon surfaces is in the range of 6 mN/m (−CF₃) to 28 mN/m, whereas for bleached cotton, it is 44 mN/m. One of the most successful ways of obtaining this condition is the incorporation of the fluorinated groups into polymer molecules in which perfluoro groups constitute the side chains [80]. The fluorochemicals used nowadays are based on C₆ carbon chains, which have substituted the C₈ fluorocarbons that release perfluorooctanesulfonate and perfluorooctanoic acid, highly hazardous and toxic substances. Selected articles regarding the surface modification of fibers achieved by fluorination are listed in Table 4.
Fluorochemical finishings are commercially available as water emulsions and are applied to fabrics by the pad–dry–cure method, i.e., bath impregnation followed by squeezing, drying in air at 80–100 °C, and final curing at 150–175 °C in hot flue for some minutes. Fluorochemicals give water-repellent and soil-release finishes in conjunction with other water repellents, called extenders, which are able to yield fiber coatings with good resistance to washing. Castelvetro et al. [81] studied the performance of fluoropolymer latexes applied by padding to wool, cotton, and polyester fabrics. They evaluated the performances of the fabrics by means of technological standard test methods whose results correlated well with static and dynamic contact angle measurements.

Alternative fluorination methods have been proposed. Maity et al. [90] experimented the direct fluorination of cotton using elemental fluorine and admicellar polymerization, with a surfactant and fluoromonomer system. Selli et al. [91] used a SF6 plasma to confer water and oil repellency to cotton and PET, whereas plasma sputtering was used by Wi et al. to obtain a water-repellent PTFE coating on cotton fibers [92].

On the other hand, Ferrero et al. [88] extended the study of the UV-curing method to the use of perfluoro-alkyl-polyacrylate resins that are able to impart water as well as oil repellency to cotton fabrics, and the results obtained by UV curing were compared with those obtained by conventional thermal polymerization. This study was focused on the use of commercial finishes for thermal application, Repellan EPF and NFC, by Pulcra Chemicals, and Oleophobol CP-C, by Huntsman, supplied in water emulsions (about 17% solid content, dispersible in cold

<table>
<thead>
<tr>
<th>Fiber</th>
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<tr>
<td>Wool, cotton, PET</td>
<td>Fluoropolymer latexes coating</td>
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<td>Padding and thermal curing</td>
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<td>Perfluoro-alkyl-epoxy</td>
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<td>Nylon 6</td>
<td>Padding and thermal curing</td>
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<td>Crosslinking of perfluorinated acrylate</td>
<td>Li 2008 [86]</td>
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<td>Udrescu 2011 [93]</td>
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Table 4. Selected articles on the surface modification of textile fibers by fluorination.
water in all ratios). Darocur 1173 (2-hydroxy-2-methyl-1-phenylpropan-1-one supplied by Ciba Specialty Chemicals) as a radical photoinitiator was added in an amount of 2% weight on the resin, enough to obtain a film by UV curing with each formulation considered. Water was added as a diluent to the mixtures, continuously stirred until complete homogeneity, in order to enable uniform spread of the liquids on cotton. The formulations were applied by dipping onto strips of fabric that were subsequently dried in an oven. The amount of resin put on the fabrics was adjusted according to the desired final weight add-on and the emulsion concentration. Weight percentages of 3% and 5% on the weight fiber were usually applied in order to obtain the desired properties without loss of fabric handling.

The surface-coated fabrics were exposed to UV radiation using a medium-pressure mercury lamp with a light irradiance on the fabric of about 20 mW/cm², in a small box equipped with a quartz window under nitrogen atmosphere, since oxygen interferes with the formation of radicals. The required radiation dose was obtained by adjusting the distance of the textile from the lamp and the exposure time, which was assessed between 40 and 60 s. Instead, thermal curing was carried out in 2–3 min at 140 °C or 150 °C according to the indications of the producer.

Resin emulsion is adsorbed by the fibers, so the polymerized product does not form films onto the fabric surface, but penetrate inside. To test if UV curing was effective even inside the fabric compared with the thermal treatment, the polymerization yield was evaluated by the determination of the unpolymerized resin extracted by chloroform at room temperature from the cured fabrics. Repellan EPF shows the highest yields after UV curing and is about similar to those reached with the thermal treatment (93–96%), whereas Repellan NFC shows lower, although acceptable, yields in UV curing (80–81%) than in the thermal one (98%). With these finishes, the yields remained unaffected by exposure time and resin add-on. Oleophobol CP-C gives lower yields either in thermal or UV curing, with a marked dependence on add-on and exposure time; hence, 60 s is needed to obtain a good yield for a 3% add-on (91%).

The surface properties of coated and uncoated textiles were tested with optical measurements of static and dynamic contact angles of water and oil drops on the textile. The measuring liquids were HPLC grade water (72.8 mN/m at 25 °C) and olive oil (32.0 mN/m). The contact angle values should be higher, as the hydrophobic or oil repellency behavior of the textile is greater. On cotton samples finished with both curing methods, water and oil repellency fastness to domestic washing was evaluated after five washings according to UNI-EN ISO 105-C01.

In Figure 3, the results of dynamic contact angle measurements of water on cotton finished by Repellans before and after washing are compared. In this evaluation, the analysis of advancing and receding contact angles and the resulting difference, i.e. the hysteresis, can give information on the influence of surface roughness and chemical heterogeneity on fabric wettability [81]. A Δθ>0 is typical of most real surfaces, as confirmed by all the results obtained. With both resins, the advancing contact angles were slightly reduced after five washing cycles, and this proved the good wash fastness of water repellency, regardless of the curing type and polymer add-on. The hysteresis values generally decreased, indicating a lower surface heterogeneity, probably due to the washing effect. Oleophobol gave slightly lower contact angles but was practically unaffected by repeated washings.
Figure 3. Dynamic contact angles of water before and after washing on cotton fabrics finished with Repellan EPF and NFC (adv: advancing; rec: receding) [with kind permission from Springer Science+Business Media: Ferrero F., Periolatto M., Udrescu C. Water- and oil-repellent coatings of perfluoro-polyacrylate resins on cotton fibers: UV curing in comparison with thermal polymerization. Fibers and Polymers 2012; 13 (2), 191–198, p. 195, Fig. 1].

Static contact angles of oil before and after washing are compared in Figure 4, and the results confirmed the satisfactory wash fastness of oil repellency, in particular with Repellan NFC, without differences between the thermal and UV curing methods.

Figure 4. Static contact angles of oil before and after washing on cotton fabrics finished with Repellan EPF and NFC. [with kind permission from Springer Science+Business Media: Ferrero F., Periolatto M., Udrescu C. Water and oil-repellent coatings of perfluoro-polyacrylate resins on cotton fibers: UV curing in comparison with thermal polymerization. Fibers and Polymers 2012; 13(2), 191–198, p. 195, Fig. 2].

The contact angle value on untreated cotton, both with water and oil, was 0° due to the immediate absorption of the drops. It is evident of the high water and oil repellency conferred by the treatment. Measurements on 10 different points of the same sample surface are in good agreement (average values estimated with a confidence interval of ±2° at a 95% confidence level), showing a good uniformity of the coating. The results of thermal and UV curing are
very close and poorly affected by weight gain and UV curing time, suggesting that a low polymer add-on is enough to modify the fiber surface.

With each finishing type, water contact angles are higher than with oil, in agreement with the results reported in the literature with other finishes on cotton [84, 94], although the values are lower than 150°, which is considered the lower limit for super hydrophobic surfaces showing the so-called Lotus effect. However, the UV-cured resins yielded oil contact angles mostly higher than 120°, denoting super oil-repellent surfaces.

X-ray photoelectron spectroscopy (XPS) analysis gives the chemical composition of the fabric surface and provides useful information on the fiber coating. Table 5 shows the relative peak intensities of C\textsubscript{1s}, O\textsubscript{1s}, F\textsubscript{1s}, and Cl\textsubscript{2p} in XPS measurements of untreated and finished cotton fabrics. For the untreated cotton, only two peaks corresponding to C and O are observed. F\textsubscript{1s} intensity was found to be about the same for samples that were thermally or UV cured, whereas Repellan NFC showed the lowest values.

<table>
<thead>
<tr>
<th>Resin</th>
<th>Curing</th>
<th>C\textsubscript{1s} (%)</th>
<th>O\textsubscript{1s} (%)</th>
<th>F\textsubscript{1s} (%)</th>
<th>Cl\textsubscript{2p} (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Untreated cotton</td>
<td>–</td>
<td>60.6</td>
<td>39.4</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>Repellan EPF</td>
<td>thermal</td>
<td>42.0</td>
<td>6.1</td>
<td>51.8</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td>UV</td>
<td>43.1</td>
<td>5.7</td>
<td>51.1</td>
<td>–</td>
</tr>
<tr>
<td>Repellan NFC</td>
<td>thermal</td>
<td>44.7</td>
<td>10.7</td>
<td>43.3</td>
<td>1.3</td>
</tr>
<tr>
<td></td>
<td>UV</td>
<td>46.0</td>
<td>8.7</td>
<td>43.5</td>
<td>1.7</td>
</tr>
<tr>
<td>Oleophobol CP-C</td>
<td>thermal</td>
<td>46.4</td>
<td>7.7</td>
<td>44.7</td>
<td>1.3</td>
</tr>
<tr>
<td></td>
<td>UV</td>
<td>48.0</td>
<td>9.2</td>
<td>41.9</td>
<td>0.9</td>
</tr>
</tbody>
</table>

Table 5. Relative intensities in the XPS spectra of untreated and resin-treated cotton fabrics (3% polymer add-on and 60-s UV curing time).

Information on how fluorine binds to the polymer surface can be obtained from the high-resolution C\textsubscript{1s} signals. According to Selli et al. [91], the C\textsubscript{1s} spectrum was resolved into six components corresponding to the groups reported in Table 6 with the relative peak areas. For each resin, small differences arise from the comparison between thermal and UV curing, whereas higher differences can be observed between coatings of the different fluorocarbons. With Oleophobol CP-C, the coatings yielded the lowest percentage of the –CF\textsubscript{2} groups and, conversely, the highest for the –CO- groups, although these differences did not affect water and oil repellency. However, in any case, a much lower concentration of the –CF\textsubscript{3} groups was found. Such considerations suggest that the lower content of fluorine groups yielded by Repellan NFC coating is enough to confer the requested surface properties to cotton.

In conclusion, UV curing of cotton with commercial perfluoro-alkyl-polyacrylates applied in water emulsion yielded water- and oil-repellent cotton fabrics like the thermal process. The polymerization yields as well as the contact angles with water and oil were of the same order of those obtained with thermal curing, even at low-resin add-ons. Moreover, the UV-cured resins yielded mostly super oil-repellent surfaces, whereas water and oil repellency was adequately maintained after washing.
<table>
<thead>
<tr>
<th>Group</th>
<th>Binding energy (eV)</th>
<th>Repellan EPF</th>
<th>Repellan NFC</th>
<th>Oleophobol CP-C</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Thermal</td>
<td>UV cured</td>
<td>Thermal</td>
</tr>
<tr>
<td>-CH-</td>
<td>284.5</td>
<td>35.4</td>
<td>32.1</td>
<td>24.7</td>
</tr>
<tr>
<td>-C-O-</td>
<td>285.9</td>
<td>11.1</td>
<td>15.6</td>
<td>37.3</td>
</tr>
<tr>
<td>-C=O,-C-CF</td>
<td>287.3</td>
<td>-</td>
<td>-</td>
<td>2.9</td>
</tr>
<tr>
<td>-COO-,CHF-</td>
<td>288.5</td>
<td>11.9</td>
<td>14.1</td>
<td>8.7</td>
</tr>
<tr>
<td>-CF&lt;sub&gt;2&lt;/sub&gt;</td>
<td>290.9</td>
<td>37.2</td>
<td>33.3</td>
<td>23.0</td>
</tr>
<tr>
<td>-CF&lt;sub&gt;3&lt;/sub&gt;</td>
<td>293.6</td>
<td>4.4</td>
<td>4.9</td>
<td>3.5</td>
</tr>
</tbody>
</table>

Table 6. High-resolution C₁s spectra for resin-treated cotton fabrics (3% polymer add-on and 60-s UV curing time).

XPS analyses showed small differences between thermal and UV-cured coatings with each resin, whereas lower percentages of fluorine groups were observed in the case of Repellan NFC coatings without worsening of water and oil repellency, suggesting that such properties can be obtained with a low polymer add-on (3%) and with the lowest fluorine content.

Therefore, UV curing can be indicated as a valid alternative and environment-friendly method to confer water-resistant hydro and oil repellency to cotton fabrics. A comparison with plasma polymerization on cotton of the same perfluoro-alkyl-polyacrylates [93] confirmed that UV curing yields similar results, but with a simpler apparatus that can easily be introduced in the production lines of continuous fabric finishing.

4. Water and oil repellency by sol–gel techniques

There have been many articles in the literature on the improvement of hydrophobic properties of several kinds of fabrics using nanostructures achieved by nanotechnology. It was demonstrated that superhydrophobicity depends not only on surface chemistry but also on surface topology. Two theoretical models (Wenzel and Cassie–Baxter) have inspired how to engineer superhydrophobic surfaces by either roughening the same through microstructures or nanostructures or lowering the surface-free energy due to waxy materials applied on top of the rough structures, or both. An example is a microprocessing technique for producing rough surface and subsequent chemical treatment with silane- or fluorine-containing polymers to reduce the surface-free energy.

Roughened surfaces have commonly been obtained by the introduction of nano-size particles onto the pristine surface, and the sol–gel technique has been reported as a promising tool for the preparation of water-repellent coatings that is especially versatile for applications on glass, paper, and textile [95–100]. An exhaustive review on the application of sol–gel techniques to textiles has been published by Mahltig and Textor [101], and a series of selected articles is reported in Table 7.
In many research works, sol–gel formulations of fluoroalkylsilanes in combination with other silanes to obtain co-condensates are used. The solvents are mostly alcohols, but some water-based systems have been described. In these nanocomposites, the organic and the inorganic networks are covalently bound and homogeneously intermingled at the nanometer scale so that the resulting coatings show enhanced mechanical stability [96]. These materials have a pronounced gradient structure, with a high concentration of fluoroalkyl groups at the coating–air interface so that only a small amount (1.7 mol%) of fluoroalkyl silane is necessary to obtain an effective repellency. Moreover, it accounts for an excellent adhesion of the coatings on various substrates such as glass, metals, and polymers. The gradient is due to the accumulation of surface-active fluorosilanol molecules and condensates at the interface.

Employing organically modified alkoxysilanes containing long-chained aliphatic or highly fluorinated groups, sol–gel offers far-reaching possibilities to prepare water- as well as oil-repellent textiles. A low required add-on is of great interest for textile applications; in fact, it keeps the typical hand and breathability of fabrics uncompromised. Furthermore, most

<table>
<thead>
<tr>
<th>Fiber</th>
<th>Topic</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nylon, PET/cotton</td>
<td>Hydrorepellency</td>
<td>Mahlitig 2003 [102]</td>
</tr>
<tr>
<td>Nylon</td>
<td>Finishing of carpeting</td>
<td>Satoh 2004 [103]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Superhydrophobicity</td>
<td>Daoud 2004 [104]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Superhydrophobicity</td>
<td>Yu 2007 [105]</td>
</tr>
<tr>
<td>Wool, cotton, PET</td>
<td>Superhydrophobicity</td>
<td>Wang 2008 [106]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Antimicrobial and repellency</td>
<td>Tomišič 2008 [107]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Superhydrophobicity</td>
<td>Bae 2009 [108]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Superhydrophobicity</td>
<td>Erasmus 2009 [109]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Durable hydrophobic finishing</td>
<td>Roe 2009 [110]</td>
</tr>
<tr>
<td>Cotton, PET</td>
<td>Hydrorepellency</td>
<td>Gao 2009 [111]</td>
</tr>
<tr>
<td>PET, PET/cotton</td>
<td>Hydrorepellency and antistaticity</td>
<td>Textor 2010 [112]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Superhydrophobicity</td>
<td>Liu 2013 [113]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Water and oil repellency, antimicrobial</td>
<td>Simončič 2012 [114]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Superhydrophobicity</td>
<td>Shi 2012 [115]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Superhydrophobicity and UV blocking</td>
<td>Pan 2012 [116]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Super hydro-oleophobicity, self-cleaning</td>
<td>Vasiljević 2013 [117]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Hydrorepellency</td>
<td>Periolatto 2013 [118]</td>
</tr>
<tr>
<td>Cotton, PET</td>
<td>Hydrorepellency and oil repellency</td>
<td>Ferrero 2013 [119]</td>
</tr>
<tr>
<td>Cotton</td>
<td>Hydrorepellency improved by plasma</td>
<td>Montarsolo 2013 [120]</td>
</tr>
</tbody>
</table>

Table 7. Selected articles on the surface modification of fabrics by sol–gel techniques.
fluorinated materials are very expensive and may often cause serious risks to the human health in case of skin contact and for the environment. Therefore, it is necessary to minimize the use of such substances.

Periolatto et al. [118] obtained highly hydrophobic and oil-repellent cotton fabrics by a one-step deposition of a modified silica-based coatings by sol–gel prepared by co-hydrolysis and condensation in weakly acid medium of TEOS-based sols with low amounts of hydrophobic additives such as hexadecyltrimethoxysilane or fluoroctyltriethoxysilane. This work was further developed [119] with the aim of comparing the effect of the laboratory-grade fluorinated reagent 1H,1H,2H,2H-Fluoroctyltriethoxy-silane (FOS) with that of a commercial product (Fluorolink S10). During the acid-catalyzed hydrolysis of TEOS or fluorinated alkoxysilanes, labile silanol groups are formed, which can first promote the silane adsorption onto the OH-rich cellulose structure of cotton fibers through hydrogen bonding. Successively, during the thermal curing step (120° for 1 h), the condensation reactions reported in Figure 5 can occur.

[Diagram of grafting reactions of fluoromonomers on cotton]

The procedure of preparation of the nanosols is illustrated in Figure 6.

The cotton samples were subjected to contact angle measurements by a Krüss DSA20E “Easydrop standard” drop shape analysis tensiometer using the sessile drop method for
fitting. Measuring liquid drops were deposited from a glass syringe on the fabric’s surface by means of software-controlled dosing. The contact angles were the average of at least five measurements for each sample, with a standard deviation of about 2–3%. The contact angles on untreated cotton were 0°C, whereas the drops are immediately absorbed. Moreover, the time necessary for the total absorption of both water and oil drops was measured. The results are summarized in Figure 7.

On samples finished with an impregnation time of 24 h, higher values of contact angles were measured (169°), denoting the importance of a deep penetration of the finishing agent inside the fibers.

A better behavior of Fluorolink-treated samples, with respect to the FOS-treated ones, was found: contact angles higher than 150 °C were measured, typical of super hydro- and oil-repellent surfaces. Absorption times higher than 2 h were measured with both water and oil drops, whereas on FOS-treated samples, the oil drop is absorbed in about 15 min, a good result but worse than Fluorolink’s performance. This can be due to the molecular structure of Fluorolink, which is longer and more complex than FOS. The presence of TEOS seems to be ineffective.

The same measurements were made after five repeated washing cycles (at 40 °C for 30 min using 5-g/l ECE detergent according to ISO 105 C01 standard) to assess the durability of the treatments to laundering. The results are summarized in Figure 8.

Figure 6. Procedure of sol–gel preparation and its application to cotton fabrics to confer hydro and oil repellency.

The same measurements were made after five repeated washing cycles (at 40 °C for 30 min using 5-g/l ECE detergent according to ISO 105 C01 standard) to assess the durability of the treatments to laundering. The results are summarized in Figure 8.
Figure 7. Results of contact angle measurements and drop absorption time on cotton fabrics treated with sol–gel finishes. From left to right; for FOS-finished samples add-on and impregnation time: 5% 1 min, 10% 1 min, 5% 2 h, 10% 2 h, 5% 24 h, and 10% 24 h; for the other finishes: 5% 24 h and 10% 24 h.

Figure 8. Contact angle and drop absorption time measurements after five washing cycles (description of samples as shown in Figure 7).

On FOS samples after washing, a decrease in contact angles was observed, but the behavior was better with 24 h of impregnation, showing that a longer contact time enables better interpenetration of the finishing agent inside the cotton fibers. Instead, the samples finished by Fluorolink S10 showed the best performance, without the influence of TEOS. After washing, the drop absorption times of water strongly decreased, whereas the oil drop absorption time of 2 h was maintained by samples finished with Fluorolink S10.
The strong loss of hydrophobicity after washing can be due to a rearrangement of the fluori-
nated chains with an orientation toward the internal part of the fibers. In fact, it is well known
that fluorine-containing polymers are usually quite susceptible to rapid rearrangement when
the polymer surface is contacted with water, in particular with short perfluorinated-side chains
to minimize the interfacial free-energy response to the environmental media. This was
confirmed by the increase in contact angle and water drop absorption time of the washed
samples after ironing.

The results of XPS analysis confirmed the presence of finishing agents on the surface as
evidenced by the content of F and Si. CF$_3$ groups are present in the structure of FOS, whereas
CF$_2$ groups are present in FOS as well as in Fluorolink. In fact, the F content was higher on the
FOS-treated samples (58.3% on the cotton finished with 10% FOS) than that finished with 10%
Fluorolink (38.9%). These values were significantly reduced after washing (53.2% and 28.3%,
respectively).

In conclusion, the application of a fluorinated alkoxysilane to cotton textiles by sol–gel is a
promising textile finishing process to confer durable hydro and oil repellency. In fact, high
contact angles and drop absorption time values were measured on treated cotton with both
water and oil. Low add-ons (5%) are enough to confer the properties, unaffected the fabric’s
characteristics. A prolonged impregnation time (24 h) significantly improves repellency and
fastness to washing, whereas ironing of the washed samples can partially restore the hydro
and oil repellency lost after washing.

The best performances were obtained with a commercial product (Fluorolink S10). This can
allow the application of the treatment at the industrial level, taking into account that the sol–
gel process can immediately be implemented on existing production lines of fabric finishing.

5. Conclusions

The modification of surface energy and wettability of textile fibers can be achieved by several
techniques, such as plasma treatments, thermal or UV curing of suitable monomers and
oligomers, and, finally, nanotechnology based on sol–gel processes.

LPPs are versatile, enabling various treatment types: etching, grafting of groups onto the
surface, coating with polymers produced in situ from gaseous monomers or liquid oligomers
previously impregnated, sputtering, and so on. Despite this flexibility, the apparatus is
complex, cumbersome, expensive, and unsuitable for continuous fabric finishing. APP
processes are preferable to this aim, but are limited with regard to utilisable gases and plasma
polymerization. In any case, the major drawback of plasma activation aimed at improving the
following processes is because most of the free radicals remaining on the treated fiber surface
is extinguished when exposed to air oxygen; therefore, the time lapse between the plasma
treatment and the exploitation of the effects should be as short as possible.

UV curing of suitable monomers or oligomers can be a valid alternative to traditional thermal
curing for fabric water and oil repellency and other surface properties. It is a low-cost and
environment-friendly process that can easily be introduced in the finishing processes.
Finally, sol–gel processes applied to fabric finishings allow for obtaining engineered surfaces with a great variety of applications arising from the properties of the nanostructures. If low-cost precursors will be found and the need for organic solvents will be reduced to a minimum amount, these techniques will show a significant development in the next years.

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