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have been bathed, eaten and goes to work around 5:30 or 6 O'clock am. She spends the whole day at work and comes home when sometimes the children are asleep. These often times result in the children not being well fed, and also developing bad habits.

9. Recommendations

From the factors given with regards to parenting, it would be noted that African culture contributes immensely in the upbringing of young people. This exposition is calling on our African nuclear families to rise up if they have completely neglected the extended family. The extended family is tearing apart especially in our bigger, busy cities. Nuclear families should make it a point to visit their hometowns and patch up with their extended families. Parents should frequently introduce their children to their extended families on both sides.

It is recommended that parents should endeavour to visit the old stories, make time and narrate them to their children. During my childhood school days I remember when it is story time; we take turns in the classroom to narrate these folktales to ourselves. Presently, the stories are rather the foreign ones we read. I believe our teachers should be reminded of this practice so the children can have rich cultural training. Again, curriculum developers should be reminded to revisit the times some of the stories were included in the reading books.

There is a statement in the Ghanaian language which says that whenever you neglect or abandoned something and later you go back for it; it is never forbidden. Meaning, you can still revisit whatever you neglected. It then behoves on our law makers and cultural authorities, to make sure that puberty rite is again established. Our parents and community leaders should make sure that every growing child, entering into the adolescent stage has undergone this event.

Working mothers and housewives; in as much as there is so much to be done at home and also at the workplace, please do endeavour to make time for the children. Some parents have so much to do that during vacations and weekends when the children are supposed to spend time with them, they allow these children to go for extra tuition which sometimes is unnecessary. These busy schedules of parents have influenced private schools to organise so many activities for the children that they are not able to socialise properly and also stay home and learn at the feet of their parents.

10. Conclusion

African culture is rich. We should not neglect it out rightly because it is that which makes us Africans. Let us embrace our good parenting practices so we can nurture responsible youth for the African continent.

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