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The Biology of Bone Grafts

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1. Introduction

The use of bone transplants in orthopaedic procedures has become crucial to treat a great number of bone diseases including bone tumour operations, knee or total hip revision arthroplasty and even beyond the orthopaedic scope such as in craniomaxillofacial surgery. Approximately 10% to 15% of the orthopaedic procedures carried out every year in the U.S.A. employ some kind of musculoskeletal transplant. Annually, about 650 thousand bone-based grafts are distributed by the American Tissue Banks, which clearly shows the importance of processing, controlling and storage of this type of material.

As opposed to other organs such as heart, liver or kidneys and most of the soft tissues, the bone can be processed by many ways, can be stored longer and has been implanted till recently without prior testing compatibility. Moreover, the grafts can be obtained from oneself, living or cadaver donors, or derived from other species or even from non organic biomaterials. However, the offer for grafts is far behind the demand. Despite the success rate of about 85% with the use of bone grafts in orthopaedic surgery, patient waiting list for these grafts keep growing day by day either in the public or private health service.

The homologous deep-frozen grafts have been frequently used, although availability is very limited and a certain risk of transmitting contagious diseases cannot be thoroughly ruled out. On the other hand, though homologous freeze-dried grafts have virtually eliminated the risk of transmissible diseases is still lacking availability and therefore, alternative biomaterials from synthetic or natural source have been considered and carefully studied. Among them, the use of freeze-dried grafts from bovine sources is a suitable alternative with many advantages over autologous or homologous deep-frozen ones due to their great physicochemical and structural resemblance to human bone and their practically endless availability. As a non specific xenograft however, it may possibly present adverse immunological and inflammatory reactions. Nevertheless, our physicochemical processing protocols have been developed in order to significantly minimise these problems, decreasing antigenicity and thus, turning the bovine freeze-dried bone an important biomaterial for large use in reconstructive surgery.

Up to date, it is necessary, an increased knowledge about some kinds of available grafts including biological and mechanical aspects, sources and a careful analysis of outcomes, since transplant of grafts in general is responsible for a remarkable improvement in people's quality of life and their social reinsertion. Moreover, bone implants are far from being a
novel issue and it is crucial that already in the XXI century, we have to know the reasons for its use and, over all matters, to clearly determine our results. This chapter is intended to present a brief review of the history of bone grafts, indications for use, storage details and differences of processing techniques as well as to present the experience of our department with the use of freeze-dried bone from bovine origin in a thousand orthopaedic procedures.

2. History

The idea of transplanting tissues between individuals of the human species and even between individuals of distinct species is very ancient, dating to the early Christian era. Empirically, Cosmas and Damian, in the second century, were regarded as the pioneers of bone transplantation by having removed a leg of an individual due to an advanced tumour and soon deployed a new leg taken from a freshly killed Moro. However, it was Sir William MacEwan in 1880 who successfully reconstructed the humerus of a boy with the tibia obtained from another child. On the other hand, the first transplant between different species was conducted by the Dutch surgeon Job van Meekren in 1668. According to Godwin, he successfully transplanted part of the skull of a dog in a traumatic defect of the skull of a soldier. Deeply concerned of being excommunicated by the church for having undergone a non-Christian method of treatment, the soldier asked the surgeon to remove the graft, but due to time elapsed, this could not be completely removed since it was already fully integrated.

Is not well known when the first studies on bone grafts started. However, Ollier and Barth in the late 19th century, were the first to intensively investigate and report the biological properties of the tissue and concluded, though partially correct, that bone and periosteum remain viable when transplanted, contributing to new bone formation. Assuming that the cells survive in the graft, even when removed from the donor, Albee in 1915, concluded in a classical work, the most suitable tissues for transplant are those originated from the connective tissue such as bone, fat and fascia. Ten years later, in 1925, Lexer published his experience with transplants and total joint replacement called "arthroplasty" to all surgical procedures performed in an attempt to restore joint movement.

3. Terminology

It is important to know the terminology frequently used when dealing with this kind of procedure in relation to (a) different types of graft; (b) distinction between grafts and transplants; (c) the process of new bone formation, and; (d) the use of consolidation and osteointegration, since these terms vary greatly in the literature and an attempt to standardized them has not been effective. The nomenclature most commonly used is as follows:

3.1 Types of grafts

Grafts received from oneself and reimplanted in oneself should be called autogenic, autogenous, autologous or autograft. The graft obtained from other individuals, but intended to a host of the same species, should be called allogeneic, allogenous, homologous, allograft or homograft, while grafts from donors to hosts of different species should be called xenogenic, xenogenous, xenologous, xenografts or interspecific.
a. Grafting and transplantation

A Brazilian Board Resolution on Biomaterials - BBRB No. 220 of December 27th, 2006 considers the term transplantation to describe the placement of bone graft during a surgical procedure, so the graft is the product and the use of this tissue is called a transplant.

b. Bone formation and osteointegration

In the process of bone formation and the biological events responsible for osteointegration the following terms are used: osteogenesis when bone growth is derived from osteoblasts transferred along with the graft; osteoinduction when the newly formed bone derives from the recruitment of mesenchymal cell receptors that differentiate into osteoblasts; osteoconduction when the ability of a material (usually inorganic) allows the new bone tissue from pre-existing bone, requiring the presence of osteoprogenitor (preosteoblast) cells or bone tissue.

c. consolidation and osteointegration

On the biological process occurring after transplantation it should be clear that the graft can consolidate and/or embedded (incorporate) into the host bone. Therefore, consolidation and incorporation processes are distinct and should be well understood respectively, as the union that occurs between the graft and host bone or reabsorption and cell recolonisation between graft and host bone resulting in a progressive replacement of one by another. Thus, the imaging methods for assessment of these features can only provide an idea of the evolution of this process, but precise assessment on the consolidation and incorporation can be only determined by histopathology.

4. Biological characteristics

Bone tissue basically consists of an organic matrix of collagen type I, containing low molecular weight proteoglycans and non-collagen proteins, a mineral part (mainly hydroxyapatite) and water, corresponding to 25%, 65% and 10% of the bone weight, respectively.

Despite the great power for repair, the bone does not always respond appropriately when affected by extensive osteolysis. Because of these situations, extremely frequent in orthopaedic surgery, especially in RTHAs, there is eagerness to search for high quality bone grafts and other biomaterials that can fill these gaps and restore availability.

Bone grafts can be of cortical, cancellous or cortico-cancellous types, depending on the site of origin and can be used in blocks, segments or morselised. These different types of bone grafts will provide distinct mechanical and biological responses. For instance, the cortical bone is less osteogenic than the spongy bone; showing however, a higher structural quality, for long periods and even in the absence of adequate integration. The greater osteogenic features of cancellous bone (Figures 1a, 1b and 1c) has been recognised for more than 40 years, which has stimulated its use in many situations, being crucial for use in RTHAs.

After the transplant of a spongy bone there is a sequence of histological events that starts with inflammatory response, macrophage invasion, neovascularization and differentiation of mesenchymal cells into osteoblasts that places an osteoid layer in a necrotic trabecular bone remainings. Viable nuclei are reabsorbed by osteoblasts and the matrix is eventually replaced by necrotic trabeculae of newly formed bone. All these events are probably mediated by inducing protein factors.
Fig. 1a. Revision of right femoral component with bone graft and frozen morcelised impacted. 70 months of evolution.
Fig. 1b. Revision of femoral component left with bone graft and bovine freeze-dried, morcelised impacted. 60 months of evolution.
Histologic assessment was performed and described by Buma et al. in eight patients who underwent revision of the acetabular component after previous operation with impacted bone grafting technique. All but one, that has not even shown revascularization, samples revealed different stages of integration depending on the time elapsed following implantation. At 4 months, there was an established revascularization, osteoblasts replacing parts of the implant and presence of a small graft and new bone formation. Samples with a longer evolution showed the graft replaced with new bone. Another sample with 28 months in contact with the cement layer revealed viable bone presenting, however, a predominantly fibrous tissue interface. Similar results on the femoral component were demonstrated in another study published by Ullmark and Obrant in 2002 and by Galia in acetabular biopsies in patients with traumatic dislocation of RTHA (Figures 2a and 2b) 3 years after the first revision procedure.
In a classic study, Urist described ectopic bone formation after intramuscular implantation of demineralised bovine bone matrix in rabbits and rats. This discovery was crucial in the biomaterial and graft fields and supported the search for substances capable of inducing cell differentiation present in bone matrix. Subsequent investigations, led by Urist demonstrated that low molecular weight proteins could be extracted from demineralised bone matrix, having great osteogenic activity and being called bone morphogenetic proteins (BMPs), and belonging to a superfamily of proteins called transforming growth factors beta (TGF-ß) responsible for inducing growth. The superfamily of TGF-ß proteins regulates many biological processes including cell growth, differentiation and embryo formation. BMPs have been shown to be important regulators in the development and regeneration of skeletal tissue having the BMP2 and BMP7 the highest osteoinductive potential. Another important factor is the reaction triggered by antigenic grafts. The antigens present into the graft cells probably play a very important role on the outcomes of bone transplants. It seems clear that these reactions are not mediated by T or B lymphocytes, but by other cells in the bone marrow. In vitro evidences suggest that the granulocyte lineages in the bone marrow are responsible for triggering immune responses and removal of bone marrow cells therefore and can be directly related to a decrease in graft immune response. Fresh, frozen and lyophilized bone grafts were experimentally compared in rabbits from the immunological point of view. The first two grafts caused serologically detectable immune response, while the third one, highly purified (free of fat and marrow cells) was not able to immunologically sensitize animals.
Although the freeze-dried grafts, whether human or bovine, are available in many medical centres worldwide, most work on RTHAs refers to the use of frozen bone grafts in blocks or cortical, but especially, most recently the spongy morcelised and impacted.

Tagil, in his PhD thesis published in 2000, attempted to explain the reasons for succeeding using the technique of frozen morcelised and impacted bone, once theoretically, the large volume of necrotic bone exposed to great mechanical stress tend to collapse, as in the vascular necrosis of the femoral head or knee. After detailed study, Tagil found out the following possibilities: (a) morcelised bone, as in a comminuted fracture, would produce extensive surface contact allowing access and release of biologically active substances; (b) impaction may improve osteoconductive properties of the graft leading to the release of BMPs and this way favouring osteointegration and; (c) the high elasticity may allow small deformations that would stimulate new bone formation. The importance of this study lays in the fact that it is essential, from a scientific standpoint, to know the pros and cons of a due technique and why results may be good or bad, to better use and indicate such a procedure more securely and confidentially.

5. Mechanical characteristics

In addition to the biological characteristics, the mechanical aspects are very relevant and can be decisive in the choice and obtained results using a due graft. Itoman and Nakamura, in
1991, studied the histological and biomechanical properties of different ways of bone graft processing in rats and noted that an increased stiffness of the bone after freezing at -80°C and lyophilising it. The freeze-dried demineralised bone has initially decreased its mechanical strength. However, after 16 weeks, a progressive increase in resistance of the grafts was observed and was likely related to its biological interaction, which might be an indicator of the osteoinductive properties of the graft. They also concluded that on the features of integration, as expected, the autologous bone showed the best results.

The physical properties of human and bovine trabecular bone are documented and their results are available, however, the range of dispersion is very wide. The Young's module, for example, in one study ranged from 70 to 673 MPa and compressive strength varied between 2.44 and 6.24 MPa. This dispersion occurred for both human and bovine bone and may be related to several factors such as donor age, bone density and methodology used in the study.

Cornu et al. in 2001, has demonstrated in vitro that the lyophilised morcelised and impacted bone is mechanically superior to the morcelised and impacted deep-frozen bone since, at least, has the same resistance after impaction, that is achieved however, more quickly and with fewer impacts, and the authors assumed as to the fact that lyophilised material was devoid of fat and bone marrow. Moreover, Macedo et al. in 1999, using an automated compression machine compared in vitro, the compressive strength of frozen and freeze-dried bovine bone rehydrated for an hour and found out that deep-frozen bovine bone grafts after defrosting, has similar compressive loads and deformation rate of the rehydrated lyophilised bovine bone.

6. Methods sterilization, infectious diseases and biosafety

Another extremely important issue is the study of methods of sterilization of frozen and freeze-dried grafts, since there still remains controversy and need for further studies. The currently available techniques have advantages and disadvantages regarding efficacy and maintenance of mechanical and biological properties. Significant deleterious effects on the use of cobalt 60 in the sterilisation of freeze-dried grafts have been reported, demonstrating that, even at low dosage, radiation is capable of destroying the morphogenetic properties, mainly in non-demineralised bone.

The effects of radiation on the biomechanics of the grafts are dose-dependent. Fidele et al. in 1995, studied the damage caused by the application of different doses of gamma radiation exposure on seven biomechanical parameters of frozen allogenic patellar bone-grafting. The sterilization dose accepted for inactivation of HIV, for example, is about 25 kGy. However, four out of the seven parameters measured were reduced after 20 kGy and after 30 kGy all parameters have shown significant reductions. Also, Zhang, Cornu and Delloye in 1997, in an experimental study in rats, compared the ability of graft osteoinduction after gamma radiation sterilisation (25 kGy), ethylene oxide (EO) at 55°C and 40°C or preservation in ethanol showing that the OE at 40°C and ethanol have not negatively affected the osteoinductive capacity, gamma radiation has decreased 40% and OE to 55°C had an almost completely loss of this potential. Some authors indicated that other factors in sterilisation need to be observed are the toxic residues from the OE that may remain in the graft and are released when in contact with liquids. Reference is also considered to the toxicity of gamma radiation when in contact with fat present in the graft, in addition to the mechanical change that the radiation may cause.
Another way to sterilise is to autoclave the bone, although it has also limitations. According to the recommendation of the European Community, aimed at inactivating prions (infectious proteins), tissues from bovine origin should be sterilised in an autoclave at 132°C for 1h, but the biomechanical effects of this method of sterilisation has proven to reduce in approximately 70% the mechanical resistance to compression of the graft. Moreover, many authors support the safety of non-sterilised bone grafts provided by banks that adopt appropriate methodology for donor selection and quality control and such control is so important that when applying these criteria, 20% to 30% of the harvested material will be discarded due to bacteriological or serological inadequate results. Despite this severe control, to name a few, in November 2001 there were two reported cases in the U.S., by Clostridium sordellii infection in surgical patients who received bone transplants. In March 2002, the Centre for Disease Control and Prevention (CDC, Atlanta) has received 26 reports from different locations of secondary bacterial infections in transplanted musculoskeletal tissues. In these events the CDC investigated donors and confirmed the presence of those bacteria in their tissues. Several other notifications have been done and are reported every year, which provides the need for even a more strict control, revision of adopted routines and, perhaps, searching for methods of sterilisation that may minimally interfere with quality of the graft.

Taylor in 2002, stated that prions, responsible for Creutzfeldt-Jakob disease in humans and bovine spongiform encephalitis, unlike bacteria and viruses, are resistant to procedures such as autoclaving or exposure to sodium hydroxide, but, the association of alkaline substances and heat even at 100°C for 1 minute appears to be effective to inactivate prions. In addition, when isolated used, sodium hypochlorite also demonstrated ability to deactivate prions. Alike prions, potentially transmissible viral diseases such as hepatitis A, B or C, HIV and HTLV, and other more recently isolated viruses and certain types of tumour cells, should also be of concern, even with current knowledge and care from the point of view of serological or other diagnostic methods, which clearly demonstrates the importance of a wide discussion about sterilisation processes.

As published by Sugihara et al. in 1999, about 1% of tumour cells in 137 femoral heads subjected to histological examination in patients undergoing THA due to primary arthrosis and Palmer et al. also found high rates of histological abnormalities in 1146 patients with hip joint arthrosis, even suggesting that pathological examinations should be included as part of screening for donor tissues.

7. Processing and storage

Many ways of processing and storage bone tissue for clinical application have been proposed and used in Tissue Banks around the world. Among them, we highlight the deep-frozen (-80°C) and lyophilisation, which are the most widely used and accepted methods. The ultralow freezing temperature is reached in freezers that go as low as -80°C with graphical systems constantly monitoring the temperature, having their own power generators and emergency alarms alerting when temperature increases. So, after rigorous screening of donors (living or dead), culture and serological tests for bacteria and fungi, and processing in a surgical environment the graft is subjected to freezing at-80°C that allows its storage for up to 5 years. However, it is worth of note that low temperatures do not play any role in the sterilisation of the material, but decreases antigenicity indeed, allowing more useful handling of the graft.
Lyophilisation, as proposed and spread in 1951 by the USA Navy Tissue Bank, is a technique by which dehydration of the water contained in a product is removed by sublimation, i.e., starting from a previously frozen material, placed under vacuum, the water goes directly from a solid state into mist. Before that, however, the bone graft is washed, centrifuged, decellularised, chemically degreased and subjected to physical processes of cleaning and sterilisation preserving only the protein-mineral matrix, thus decreasing antigenicity (Figure 3).

Moreover, lyophilisation is a method of processing and storage of musculoskeletal tissues that allows not only the use of human bones, tendons and fascias (allogeneic), but also and mainly the bovine (xenogenic) ones, since by reducing antigenicity, provides biocompatibility, sterilisation and can be stored at room temperature. Currently, in major health centres different types of bone grafts are available for reconstructive orthopaedic surgery: frozen and freeze-dried autologous, allogeneic and lyophilised xenogenic (bovine). The autologous graft, though not requiring processing, has been considered from the integration viewpoint, the preferred tissue for bone replacement. There is evidence that survival of osteoblasts and osteocytes from autologous graft are dependent on the quality of the receptor bed. Moreover, the amount of graft obtained is limited, surgical time is increased and complications, either systemic or local, of the intervention required to obtain the graft ranges from 21% to 49%.

Fig. 3. Histological section of bone sample degreased, decellularized and freeze-dried. Note that the only remaining protein-mineral matrix.
The frozen allogeneic graft is the most widely used and accepted nowadays, but due to the reduced number of Tissue Banks in our country and the small number of donations is not always available to a wider use. Moreover, despite of all care and biosafety standards adopted by the banks there is still some risk of transmission of infectious diseases and tumours.

The lyophilised allogeneic graft, produced by the majority of U.S. tissue banks, is still not widespread among us, and few studies have reported the use of this graft in orthopaedic surgery and with a small number of cases and limited methods for assessing osteointegration, further studies are needed to better define its use (Figures 4a and 4b).

Fig. 4a. Sample of lyophilized bovine graft.

The xenogenic grafts, commonly used in dentistry, although controversial, are beginning to be used in orthopaedic surgeries, especially those of bovine origin, due to its easy preparation, availability and similarity. The bovine bone has chemical composition, porosity, size, shape and biological behaviour similar to its human counterpart as it can be clearly observed in Table 1. Besides those features, bovine graft provides structural support, osteoconduction and a high content of calcium and phosphorus, all of them essential factors for the newly formed bone tissue.

The most important issue, regardless of the type of graft chosen by the surgeon, is the guarantee that the graft has been processed and stored according to the standards of graft management as established by the Associations of Tissue Banks and the national and international health authorities.
Fig. 4b. Sample graft ½ lyophilized human femoral head.

<table>
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<tr>
<th>Readings</th>
<th>Human (%)</th>
<th>CI* 95%</th>
<th>Bovine (%)</th>
<th>CI* 95%</th>
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<td>7.75</td>
<td>-</td>
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<td>Chlorides</td>
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<td>0.06</td>
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*CI, Confidence Interval

Table 1. Physical and Chemical analysis of lyophilised bones HCPATB
8. Musculoskeletal tissue banks

Like in the USA, where the American Association of Tissue Banks (AATB) regulates and supervises the functioning of all in-country tissue banks since 1976, in Brazil the Ministry of Health, with the Norm No. 220 of December 27th, 2006, provides the technical regulations for the functioning of Musculoskeletal and Skin Tissue Banks of human origin. This regulation relates to the facility characteristics, screening of living donors or cadavers, equipment and human resources. These rules, although quite rigid, greatly increased the quality of processed tissues and the safety on its use.

In relation to screening, the decision to accept or reject a donor is carried out by the Medical Director of the Bank of Musculoskeletal Tissues (BMST) after rigorous tests and following a established protocol. As the protocols used by the Tissue Banks, one must consider the history, physical examination and laboratory tests of the donor.

<table>
<thead>
<tr>
<th>Name:</th>
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</thead>
<tbody>
<tr>
<td>Date of Birth:</td>
<td>Age (y):</td>
</tr>
</tbody>
</table>

**DONOR PAST HISTORY**

- **CONDITIONS**
  - Toxic substances or illegal drug abuses
  - HAS THE DONOR HAD ANY BEHAVIOUR OR OTHER CONDITION BELOW IN THE PAST 12 MONTHS?
    - Professional sex, illegal drugs or has any related person with this done so?
    - Multiple sexual partners?
    - Homosexual intercourse or sex with homosexual related persons?
    - Any unprotected sexual intercourse with known HIV, hepatitis B, C or other blood transmitted infection person?
    - Arrested or has been in a prison?
    - Submitted to acupuncture, tattooing, and permanent makeup or piercing?
    - A blood transfused or hemodialysed sexual partner?
    - Any malignant disease?
    - AIDS/HIV infection?
    - Any autoimmune disease?
    - Any neurological, degenerative or impairing disease?
    - Chronic kidney failure?
    - Past or active tuberculosis?
    - Sexually transmitted diseases?
    - Any osteometabolic diseases?
    - Any skin burns?
- Malaria or lived in an endemic area for malaria in the past 36 months?
- Creutzfeldt Jakob disease?
- Any undiagnosed situation or infection?
- Any human derived pituitary growth hormone treatment?
- Any duramater or corneal transplant?
- Chemotherapy or radiation therapy?
- Any orthopaedic surgery in the donor site?
- Any surgical procedure due to undefined situation?
- Any biopsy or suspicion of muscoskeletal tumour?
- Any non-obstructing jaundice or jaundice in any related person?
- Death by an unknown cause?
- Chronic use of steroids?
- Any diagnosed bacterial or fungal infection while in hospital?
- Any orthopaedic surgery in the donor site?
- Any surgical procedure due to undefined situation?
- Any biopsy or suspicion of muscoskeletal tumour?
- Any non-obstructing jaundice or jaundice in any related person?
- Death by an unknown cause?
- Chronic use of steroids?
- Any diagnosed bacterial or fungal infection while in hospital?
- Vaccines:
  - Unfit for 24h: toxoids or vaccines (diphtheria, tetanus, cholera, typhus, paratyphus, influenza, pertussis, poliomyelitis Salk and serum non-derived B hepatitis)
  - Unfit for 2 weeks: animal or virus attenuated vaccines (measles, parathyroid, yellow fever and Sabin poliomyelitis)
  - Unfit for 1 month: rubeolla
  - Unfit for 1 year: experimental vaccines, hepatitis B hyperimmune globulin, rabbis vaccine (prior animal bites), passive immunizations

**CONDITIONS** | YES | NO
---|---|---
- Any blood or blood product transfusion?
- Received any crystalloid solution resulting in hemodilution over 50% of the intravascular volume in the past 2h prior to blood sample analysis?
- Received any synthetic colloid solution resulting in hemodilution over 50% of the intravascular volume in the past 48h prior to blood sample analysis?
- Past history of accident or exposure to suspected or confirmed contaminated blood by HIV, hepatitis B or C?
- Hemophiliacs receiving blood or blood products from newly sexual partners within the past 12 months?
- Chronic hemodialysis?
- Mechanical ventilation over 72h?

**AGE LIMITS FOR DONORS**

a. bone tissue: below 18 and over 70 years
b. tendon tissue: below 18 and over 55 years
c. osteochondral tissue: below 18 and over 45 years
- Skin appearance of sexually transmitted or malignant diseases?
- Tattoos, signs of piercing or definitive makeup?
- Scars prior to the harvesting procedure?
- Perineal or perianal skin appearance of sexually transmitted disease?
- Needle punctures suggestive of intravenous drug abuse?
- Jaundice?
- Hepatomegaly?
- Diffuse lymph node swelling/
- Kaposi Sarcoma?

**LAB PROFILE**

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**RADIOGRAPHIC EXAM**

Results: ..........................................................................................................................................................
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Source: Bank of musculoskeletal tissues (BMST), Hospital São Vicente de Paulo - Passo Fundo BMST of the Hospital de Clínicas de Porto Alegre University Hospital (licensed, but awaiting accreditation by Ministry of Healthy Quality Control Committee - ANVISA)

Table 2. Screening protocol for musculoskeletal tissue donors.
9. Conclusion

There are many differences when comparing the types of graft, with variations as for the source, production methods, processing, uses (block or shredded) sterilisation, storage and cost of the process. Thus, it is essential the implementation of protocols for processing and quality control of all types of bone grafts. This measure will facilitate the monitoring and analysis of the results obtained in distinct surgical procedures, and shall provide grafting material of better quality, thoroughly tested and ready available.

Although there are reports of the use of bone grafts and transplants for many years, many mechanical and biological issues such as physical and chemical composition, incorporation, bone remodelling and immune responses are still incompletely assessed. These issues are still requiring more knowledge and further clinical and laboratory investigations to allow a more scientifically based choice of the graft and appropriate indication to surgical use on any particular situation.

There is no doubt on the importance of bone transplants in orthopaedic surgery, especially in hip procedures. Their results are well-known and, to some extent predictable when its use is carried out by experienced surgeons. It is also indubitable that bone tissue is a biologically privileged material, since several alternative bone grafts can be used quite well. It is undeniable, however, that we still knowing little about many aspects of the host-graft interaction and sometimes seems we are resigned with this situation, when in fact, many studies have yet to be carried out in several ways to attempt to answer questions that sometimes are underestimated, since "most of the time the graft works". For instance, why do 85% of the grafts theoretically integrate? Though it seems a good percentage, how about the other "not so lucky" 15% of the cases? Is it a matter of technique, immune response, mechanical effect or biological feature? Which is the best substitute for autologous grafts? The frozen allogeneic sterile or non-sterile or the freeze-dried irradiated or autoclaved graft? Should a method of definitive sterilisation be employed by the Tissue Banks?

These are just some of important yet unanswered issues that should be carefully investigated and analysed if best clinical responses, increased biosafety and lower complication rates as well as higher scientific basis to precisely and reliably analyse the grafts and surgical outcomes are to be sought.

10. References


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The purpose of this book was to offer an overview of recent insights into the current state of arthroplasty. The tremendous long term success of Sir Charnley's total hip arthroplasty has encouraged many researchers to treat pain, improve function and create solutions for higher quality of life. Indeed and as described in a special chapter of this book, arthroplasty is an emerging field in the joints of upper extremity and spine. However, there are inborn complications in any foreign design brought to the human body. First, in the chapter on infections we endeavor to provide a comprehensive, up-to-date analysis and description of the management of this difficult problem. Second, the immune system is faced with a strange material coming in huge amounts of micro-particles from the tribology code. Therefore, great attention to the problem of aseptic loosening has been addressed in special chapters on loosening and on materials currently available for arthroplasty.

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