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Epidemiology of HPV in Head and Neck Cancer

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1. Introduction

The Human papillomavirus (HPV) is etiologically related to the development of uterine cervical and other genital cancers (Bosch et al., 1995; Frisch et al., 1999; Melbye & Frisch, 1998), and may be involved also in the etiology of cancers of the upper aerodigestive tract comprising the head and neck (HN) tumors (Franceschi et al., 1996). Some molecular and epidemiological studies support such possibility, once that an increased risk of cancer of the oral cavity, pharynx and larynx subsequent to the occurrence of cancer of the cervix has been found. Moreover, the incidence of some head and neck tumors has been increasing around the world and this high prevalence was attributed to the influence of risk factors, being the human papillomavirus important in this role.

The present chapter aims at investigating epidemiologic features of HPV in head and neck cancer worldwide in order to determine the prevalence and the type distribution of HPV by means of a literature review of published studies.

2. Epidemiology of head and neck cancer

The head and neck cancer comprises malignancies arising in the upper respiratory and digestive tracts and is a relatively frequent type of cancer (Parkin et al., 2002). Thus, the term “head and neck cancer” includes lesions at several anatomic sites, such as the lip, oral cavity, nose and paranasal sinuses, naso-pharynx, oro-pharynx, hypo-pharynx, larynx, oesophagus, salivary glands, as well the soft tissues of the neck and ear. Unfortunately, many papers lack the exact location of the head and neck lesions, making the material poorly characterised. The human papillomavirus (HPV) detection rates reported in the so-called head and neck cancer do not give us a detailed view of the association of HPV in distinct entities, unless detailed anatomic locations are given (Syrjänen, 2005).

The malignant tumors of the head and neck consist of a rather heterogeneous group of neoplasias arising in the epithelium of the upper aerodigestive tract. The most common histologic type is squamous cell carcinomas (SCC), occurring in the oral cavity, pharynx (nasopharynx, oropharynx and hypopharynx) and larynx (Lassen, 2010).

Worldwide annually, over 650,000 patients are diagnosed with HNSCC and some 350,000 die from this disease every year (Ferlay et al., 2010; Syrjänen, 2010). Head and neck cancer is
the sixth most common cancer worldwide (Parkin et al., 2002), and the table 1 summarizes the global incidence and mortality of head and neck cancer per anatomic site.

<table>
<thead>
<tr>
<th>CANCER</th>
<th>INCIDENCE</th>
<th>MORTALITY</th>
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<td>Total</td>
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</table>

Table 1. Global incidence and mortality of head and neck cancer per anatomic site (Ferlay et al., 2010). GLOBOCAN (IARC).

The rates of incidence and mortality around the world of head and neck squamous cell carcinomas have been broadly varying, with notably high rates in Southeast Asia and Eastern Europe (Franceschi et al., 1996). In addition, there is a considerable global variation in the incidence of the disease due to geographic differences in ethnicity, culture and socio-economics (Lassen, 2010). Figure 1, obtained through the Globocan project (Ferlay et al., 2010) illustrates the global incidence of head and neck cancer.

Incidence and survival trends have recently been reported in various types of cancer based on 1994–2003 data from cancer registries in a large number of European countries. Oral cavity and pharyngeal cancer were analysed as a group and divergent incidence trends were observed when different countries were compared. For some countries, there was an increase in incidence (England, Wales and Czech Republic), whereas for other countries there was no change (a.o. Switzerland and Denmark) or a decrease (a.o. Finland, France and Germany) (Karim et al., 2008).

Jemal et al. (2008) estimated that 47,500 people were diagnosed with head and neck cancer in the United States, representing approximately 3% of new cancer diagnoses, and an estimated 11,260 people died from this disease, with squamous cell carcinomas in the majority of these cases.

Shiboski et al. (2005) showed, with an analysis of the National Cancer Institute’s Surveillance, Epidemiology and End Results (SEER) data from 1973-2001, an annual increase in the incidence of oral tongue, palatine tonsil, and base-of-tongue cancers, by 2.1%, 3.9%, and 1.7%, respectively, in 20- to 44-year-old white patients, while the incidence of HNSCC at other sites declined.
3. Head and neck cancer and HPV

Since the first description of a potential link between HPV infection and head and neck cancer (Syrjänen, 1984), several studies have strongly supported an etiologic role for HPV in cancers arising from specific mucosal sites within the head and neck (D’Souza et al., 2007; Gillison et al., 2000; Herrero et al., 2003). Thus, the detection of HPV genomic deoxyribonucleic acid (DNA) has been found in approximately 25.9% of 5,046 HNSCC cancer specimens from 60 studies using sensitive polymerase chain reaction–based methods (Kreimer et al., 2005).

Head and neck squamous cell carcinoma (HNSCC) typically affects male smokers older than 55 years. Recently, an increase in the incidence of HNSCC in young adults has been recognized, many of them nonsmokers and females. Functional inactivation of p16 is known to be a common event in HNSCC, mainly by either deletion or epigenetic changes. A previous study by this group has shown that p16 deletions in HNSCC are significantly associated with age. The primary objective of this study was to evaluate additional molecular alterations of p16 in HNSCC, specifically in relation to age, site, and human papillomavirus (HPV) status. Patients ranging in age from 22 to 76 years with HNSCC were prospectively identified (n = 24). Methylation-specific polymerase chain reaction and immunohistochemistry were used to evaluate p16 gene inactivation and p16 protein expression, respectively. HPV 16 status was determined for each case. Overall, p16 inactivation was a frequent event detected in 46% of cases. Methylation of p16 was more often detected in females than males (P = .05). All cases showing p16 methylation were from the anterior tongue, and 75% of them were young patients. The results indicate that p16
methylation is a more common event in those younger than 40 years in contrast to p16 deletions, which are more common in those older than 40 years. Consequently, it appears that specific modes of inactivation of p16 in HNSCC are related to specific patient risk profiles. Interestingly, HPV 16 messenger RNA was detected exclusively in HNSCC from the base of tongue lesions and was only found in males. This differs from the patient profile of HNSCC in the young, which affects the anterior tongue and commonly females, thus, making it highly unlikely that this virus is a primary causative agent of HNSCC in these young adults (O'Regan et al., 2008).

Despite successful efforts to control tobacco and alcohol consumption in the western world, several developed countries report rising oropharyngeal squamous cell carcinoma (OPSCC) incidence figures, specifically in young individuals. Similar to anogenital cancers, a significant proportion of OPSCC (up to 60%) is caused by sexually acquired HPV infection and the rise in OPSCC has been attributed to changing sexual behaviours in the Western World. Accordingly, patients with HPV-positive OPSCC report divergent sexual histories and absence of classical risk factors as tobacco and alcohol exposure compared to patients with HPV-negative OPSCC. The profile of HPV-positive OPSCC differs from HPV-negative OPSCC in several other significant aspects, including a unique molecular biologic tumor characteristics and improved clinical behaviour. Thus, a further increase in HPV-positive OPSCC will impact significantly upon clinical management of OPSCC, unless it is halted by adequate preventive measures aimed at reduction of HPV-associated disease. HPV vaccination has been recently offered to young females in an attempt to reduce HPV-induced cervical cancer and may ultimately result in a decline of OPSCC incidence as well. Until then, close collaboration between otolaryngologists/head and neck surgeons and anogenital/genitourinary specialists is warranted to optimize clinical management of HPV-induced malignancy and improve detection of second primary tumor development (Monsj et al., 2010).

In addition, some researches revealed differences between positive and negative tumors for human papillomavirus being the HPV-positive HNSCC patients approximately 5 years younger than HPV-negative HNSCC patients with equal distribution between the sexes (Haraf et al., 1996; Cruz et al., 1996; Sisk et al., 2002; Strome et al., 2002). For a better understanding, although the epidemiology of HPV in head and neck cancer is the aim in this chapter, a brief explanation on the risk factors in HPV infection is necessary before beginning this approach.

### 3.1 Risk factors

Over the last two decades, biological agents have been implicated in the etiology of this tumor. Among these agents, human papillomavirus (HPV) is particularly important (Badaracco et al., 2000; Cortezzi et al., 2004; Lo Muzio et al., 2004; Smith et al., 2004; Ibieta et al., 2005). HPV is a DNA virus which encodes two oncoproteins that play an important role in carcinogenesis, i.e., E6 which binds, sequesters and degrades p53, and E7 which binds and degrades pRb; thus facilitating the development of tumors (Badaracco et al., 2000; Cortezzi et al., 2004; Lo Muzio et al., 2004; Remmerbach et al., 2004). Although the relationship between this virus and malignant uterine cervix tumors has been well established in the literature, with more than 90% of these tumors being positive for the virus, the same does not apply to oral carcinogenesis (Miller et al., 2001; Sugiyama et al., 2003). The HPV detection rates at this
anatomical site is very variable, probably due to differences in sample size, in the population studied and in the sensitivity of the techniques used.

The presence of HPV in oral cancers suggests that HPV may play a similar role in transforming the oral epithelia. Persistent infection with high-risk types of HPV plays a critical role in the pathogenesis of cervical cancer, as well as OSCC. HPVs are 8-kb circular DNA viruses that specifically target the basal cells of the epithelial muscosa. The HPV family is comprised of more than 100 genotypes, classified in accordance with the type of epithelial cells infected and the ability to effect cellular transformation. The ability of HPV to transform epithelial cells is divided into high-risk and low-risk types. Low-risk types are associated with benign lesions such as warts, while infections with high-risk types progress to malignant lesions. The HPV genome is comprised of several early (E1 to E7) and late (L1 and L2) genes, as well as a non-coding region, all of which play roles in viral replication, transcription, and carcinogenesis (Ragin et al., 2007).

The primary risk factors for the majority of head and neck cancer worldwide are tobacco and alcohol consumption (Hennessey et al., 2009). In spite of these traditional risk factors, the HPV-positive HNSCC, in particular high-risk HPV type 16, appears more frequently than HPV-negative HNSCC in non-smokers and non-drinkers (Gillison et al., 2000; Hafkamp et al., 2003; Ritchie et al., 2003; Haraf et al., 1996). In case-control researches, the association between tobacco or alcohol use and the development of HPV-positive HNSCC was not found (D'Souza et al., 2007; Gillison et al., 2008). Furthermore, human papillomaviruses have recognized influence in the development of HNSCC in such sites as oropharynx, being considered as an independent risk factor (Schwartz et al., 1998; Gillison et al., 2000; Mork et al., 2001; Wiest et al., 2002; Herrero et al., 2003; Hobbs et al., 2006; Ernst et al., 2007; Andrews et al., 2008). Nevertheless, there is controversy in the literature as to the combination of HPV infection with tobacco and/or alcohol increasing the risk of cancer. Schwartz et al. (1998) and Smith et al. (2004) showed an additive effect between oral HPV infection, tobacco or alcohol use, and oral cancer, but more researches are necessary to evaluate possible interactions among these exposures (Vidal & Gillison, 2008).

The two most prevalent HPV types in oral carcinomas are HPV 16 and 18, far exceeding the detection rate of all the other types (Snijders et al., 1996, 1997, Badaracco et al., 2000; Syrjänen and Syrjänen, 2000; Miller and Johnstone, 2001; Ringström et al., 2002). Interestingly, the low-risk HPV types 6 and 11 can also be identified in some oral carcinomas, similar to laryngeal carcinomas (Yamaguchi et al., 1991; Fife et al., 1996; Chang et al., 2002). A study by Sisk et al. (2000) showed that the incidence of HPV in younger patients is not significantly different from older patients, suggesting a similar role for HPV in all age groups.

Sexual contact has been associated to cervical cancer through high-risk mucosatropic HPVs (IACR, 1995), but the means by which HPV is transmitted to the upper airways are still unclear (Mannarini et al., 2009). Studies showed a rare oral HPV infection in newborn babies of infected mothers (Watts et al. 1998) and children prior to sexual activity (Koch et al., 1997) being the infections rate increased from the first sexual intercourse (Kellokoski et al., 1992).
Sexual behavior has an association with HPV-positive cancer in head and neck cancer, as observed by D’Souza et al. (2007) in a case-control study of 100 individuals with oropharyngeal cancer and 200 control persons, which found that the development of oropharyngeal cancer is linked with a high lifetime number of vaginal sex partners (≥26) and with a high lifetime number of oral sex partners (≥6). Gillison et al. (2008) found with a case-control study of 240 individuals with oropharyngeal cancer that the risk of developing an HPV-16-positive HNSCC increased with increasing numbers of oral sex partners. In addition, oral-anal contacts are very strongly associated with the risk of HPV-positive tumor (Rosenquist et al., 2005; Rajkumar et al., 2003).

In a research, Rintala et al. (2006) observed the natural history of oral and genital HPV infection. The results showed that oral sex had no association to oral HPV infection; however, a persistent oral HPV infection of the spouse increased the risk of persistent oral HPV infection 10-fold in the other spouse.

Although the relation of *cannabis sativa* with HPV infections of head and neck sites is unclear (Mannarini et al., 2009), such behavior has been proposed as a reason for increasing numbers of young patients with head and neck cancer (Báez, 2008). Gillison et al. (2008) observed a strong association between *cannabis sativa* use and HPV-16-positive HNSCC, with a relation of increasing intensity and duration of use.

Among the risk factors for HPV infection in head and neck tumors, there is the immunosuppression, as observed in human immunodeficiency virus (HIV)-positive cases (Adamopoulou et al., 2008). The genetic susceptibility is also an important risk factor to increase the risk of HPV infection, as noted in Fanconi anemia (Park et al., 2010).

### 3.2 Epidemiology of head and neck cancer with HPV involvement

#### 3.2.1 Premalignant lesions

According to Axell et al. (1996), premalignant lesions, or pre-cancer lesions, of the oral mucosa are epithelial changes more likely to undergo malignant transformation than normal tissue at other mucosal sites. There are two types of clinical premalignant lesions: white lesions (leukoplakia) and reddish lesions (erythroplakia) (Axell et al., 1996). These two terms are purely clinical, and have no association with the underlying histopathology (Syrjänen, 2005).

##### 3.2.1.1 Erythroplakia

Erythroplakia lesions are defined as a bright red patches that cannot be diagnosed as any other lesions (Axell et al., 1996). There are few researches about erythroplakia lesions involving human papillomavirus in head and neck. Nielsen et al. (1996), in a case-control study with 49 patients with oral premalignant lesions, observed 10 cases of oral erythroplakia (1 man and 9 women). The presence of HPV was examined immunohistochemically, through DNA–DNA in situ hybridization and through PCR. The investigations revealed that HPV was found in 50.0% of the erythroplakias and 33.3% of erythroleucoplasias. The authors concluded that HPV may be an etiologic co-factor, because 100% of patients who developed oral cancer within 4–12 years were all positive for HPV, with one being HPV-16-positive. This sample had few cases and a critical analysis of these.
results is necessary. Further confirmatory data are needed before any conclusions can be drawn on the possible causal role of HPV in this disease (Syrjänen, 2005).

![Erythroplakia in soft palate](image)

**3.2.1.2 Leukoplakia**

Oral leukoplakia is considered as a premalignant lesion for the development of oral squamous cell carcinoma (OSCC) and several risk factors have been reported to contribute to this step-wise carcinogenesis, including human papillomavirus (HPV) (Yang et al., 2009).

Syrjänen (2005) observed in the literature 964 leukoplakia biopsies, of which 31.1% contained HPV DNA. The HPV types 6/11 were the most prevalent (55.8%), followed by HPV types 16/18 evidenced in 28.2% of the cases (Miller & Johnstone, 2001).

However, Yang et al. (2009) analyzed, using PCR in paraffin sections, 167 patients with oral leukoplakia, including 12 who had malignant transformation from the pre-existing oral leukoplakia. The HPV prevalence in patients with oral leukoplakia was approximately 22.8%, and the most prevalent viral strain was HPV-18 (78.9%). This research also suggested that HPV in oral leukoplakia is not a prognostic indicator of malignant transformation.

Ostwald et al. (2003) examined 72 oral leukoplakia for the presence of HPV 6/11, 16 and 18 DNA through PCR/Southern blot hybridization. The HPV DNA was found in 16/72 (22.2%) leukoplakias, and HPV 16 and 18 DNA were present in 12/72 (16.7%) leukoplakias, being 11.1% the detection rate of HPV 6/11.

In a case-control study, the HPV presence was found in 62.5% of the verrucous leukoplakias, 45.5% of the homogeneous leukoplakias and in 12.5% of the nodular leukoplakias (Nielsen et al., 1996).
3.2.2 Oral cavity and lips

Clinical presentation of oral cancer is highly variable. On clinical examination, oral SCC lesions may be preceded by mucosal alterations with histologically detectable dysplastic changes. However, a malignancy involving a complex genetic process may also occur directly “de novo” without any pre-existing clinically detectable mucosal changes. All head and neck carcinomas tend to be diagnosed late because there is no pain until the late stages. Thus, the overall survival is only 40-50% (Johnson et al., 1991; Berrino et al., 1999; Franceschi et al., 2000).

Studies that support a causal relationship between HPV and OSCC include: a consistent detection of HPV DNA in tumor specimens (Hansson et al., 2005); E6/E7 viral oncogene expression in oral lesions (Braakhuis et al., 2004); the requirement of oral carcinoma cell lines to express E6/E7, to maintain a malignant phenotype; and epidemiological data highlighting HPV infection as a risk factor for the development of OSCC (Ragin et al., 2007). At least three proteins (E5, E6, E7) coded by the high-risk HPVs, which are expressed throughout the viral life cycle, are considered oncogenic, due to their transforming and growth-stimulating properties. These proteins have the ability to deregulate tumor suppressor function by binding to and abrogating the functions of p21 (Tsai & Chen., 2003), p53 (Camus, 2007), and pRb (Huh et al., 2007) proteins, resulting in defects in apoptosis, DNA repair, cell cycle control, and eventually leading to cellular immortalization.

Oliveira et al. (2009) showed that the presence of HPV DNA by PCR was detected in only 29.5% of OSCC cases, 80.8% of which were identified for HPV 18. Although this investigation have detected only 29.5% of HR-HPV DNA in OSCC, it is possible that this virus contribute to the development of some case of this tumor. Furthermore, it seems that the immunohistochemical expression of p53 and bcl-2 and the presence of HPV DNA are independent events in OSCC.
Cancers involving the oral cavity account for 2–3% of all malignancies and the tongue is the subsite with the highest incidence of cancer in the oral cavity (Silverman Jr, 2001). The tongue may be the first site of exposure to viral microorganisms in the aerodigestive tract and oral tongue cancer could be susceptible to HPV exposure, directly or indirectly. The prevalence of HPV in oral tongue cancer is extremely diverse, ranging from 0% to 100% in the literature, and the prevalence of HPV in HNSCC is not uncommon (Bouda et al., 2000, Gillison et al., 2001, Matzow, 1998, Ringström, 2002). The markedly different reports of prevalence of HPV in oral tongue cancer may be due to: mixed samples with the oropharynx; methodological differences for detecting HPV, including less accurate methods; various tumour stages and racial and geographical differences between the studies.

In a study made in the Republic of Korea for Lee et al. (2010), HPV prevalence in early oral tongue cancer was 36% (13/36). In the HPV-positive tumours, 11 cases (84.8%) were infected with HPV-16 and the others were infected with non-16 high-risk type and low-risk type HPV each and multiple infections were not found in these cases.

Sugiyama et al. (2007) examined 66 oral squamous cell carcinomas (OSCCs) for human papillomavirus-16 (HPV-16) infection to evaluate its prognostic significance. Cox regression analysis of 5-year survival demonstrated that patients without nodal metastasis or with intratumoural HPV-16 showed better prognoses compared with each counterpart. In Kaplan-Meier survival analysis, nodal status but not HPV-16 status was statistically significant. The 5-year survival rate of HPV-16 positive patients without nodal metastasis (94%) was extremely high, compared with that of HPV-16 negative patients with nodal metastasis (25%). These results suggest that HPV-16 status as well as nodal status may provide prognostic significance in patients with OSCC.

**Fig. 4. Oral cancer in tongue.**

### 3.2.3 Pharynx

#### 3.2.3.1 Oropharynx

The oropharynx is the predominant site where HPV-induced squamous cell carcinomas develop (Braakhuis et al., 2009). This region of interest for HPV infection comprises
predominantly the vallecula, walls of the oropharynx, and in particular the tonsils (Kreimer et al., 2005).

In some countries, such as the United States and the Netherlands, the incidence of oropharyngeal cancer is increasing (Braakhuis et al., 2009; Ernster et al., 2007), and it represents an emerging public health problem (St Guilhy et al., 2011). One potential way to explain this increase would be to demonstrate an increasing prevalence of oncogenic HPV in palatine or lingual tonsil tissue over time (Ernster et al., 2009).

Studies found a strong association between oropharynx cancers and HPV infection, with detection rates of 50% or more (Hammarstead et al., 2006; Klussmann et al., 2001; Venuti et al., 2004; Paz et al., 1997). The biological explanation for why the prevalence of HPV is higher in tumors from the oropharynx compared with other sites in the head and neck remains unclear (Kreimer et al., 2005). However, it is possibly explained because of “specific virus-tissue interactions” (Kreimer et al., 2005) that allow a facilitated viral access to basal mucosal cells in the tonsillar crypts and an apparent predilection for this anatomic site for transformation by HPVs, analogous to the cervical transformation zone (Vidal & Gillison, 2008).

In a systematic review of HNSCC biopsies that employed PCR-based methods to detect and genotype HPV, Kreimer et al. (2005) observed a HPV prevalence significantly higher in oropharyngeal squamous cell carcinomas (35.6% of 969) than in oral squamous cell carcinomas (23.5% of 2,642) or laryngeal squamous cell carcinomas (24.0% of 1,435). Furthermore, the human papillomavirus type 16 was found in a larger majority of HPV-positive oropharyngeal squamous cell carcinomas (86.7%). However, the HPV18 infection was rare in HPV-positive oropharyngeal SCCs (2.8%) compared with other head and neck sites. Aside from HPV16 and HPV18, other oncogenic HPVs were rarely detected in oropharynx. This research also found geographic differences in HPV-positivity of oropharyngeal carcinomas possibly linked to differences in HPV exposure or variation in host susceptibility factors among countries.

From a literature review worldwide, Syrjänen (2004) identified 422 tonsillar SCCs and 51% of these tumors contained HPV DNA. The HPV 16 was the most frequent type, identified in 84% of the 216 HPV DNA-positive tumors, but also the low-risk HPV types 6/11 DNA have been detected in 3% of the HPV-positive carcinomas, and the following HPV types have been detected in occasional tonsillar carcinomas: HPV 5, 12, 31, 35, and 59.

In a research developed in France, the overall HPV prevalence was 57% in tonsil cancers, and was significantly higher in female than in male cases (28/35 versus 78/150 in tonsil cases). Among HPV positive samples, HPV 16 was found in 89% of tonsil cases, and all other HPV types had prevalence below 5% (St Guilhy et al., 2011).

In Norway, a study with 137 patients about the prevalence of HPV with tonsillar carcinomas observed HPV infection in 52% of the tumors being the HPV-16 the most frequent subtype (87%). Furthermore, the study showed that the survival of the HPV-positive group was significantly better in males (Hannisdal et al., 2010).

In Stockholm, 98 pretreatment biopsies of tonsillar squamous cell carcinoma were analyzed. The HPV DNA was present in 83 cases (85%) of the tonsillar SCC biopsies and 77 of these were HPV-16 positive. HPV-16 E6 and E7 RNA were found in 98% of 52 HPV-16 positive cases analyzed. In addition, the incidence rate of HPV-positive tumors almost doubled each decade between 1970 and 2007, in parallel with a decline of HPV-negative tumors. The
study suggested that the incidence of HPV-positive cancers is still increasing in Stockholm, and also an epidemic of a virus-induced carcinoma, with soon practically all tonsillar SCC being HPV positive, as in cervical cancer (Nasman et al., 2009).

A study developed in the United States in the state of Colorado through PCR observed an increase of oropharyngeal cancer in males from 2.54 per 100,000 to 3.47 or 36.6%. Of the 72 cases, 50 (69%) were positive for HPV subtype 16. The ratio of HPV-positive to HPV-negative cases prior to 1995 was 0.72 (8:11), but it was 3.81 (42:11) afterwards. The survival was positively affected by HPV status, being 83% in the HPV-positive patients and 15% in the HPV-negative group (Ernster et al., 2007).

A research in Puerto Rico evaluated through PCR 118 head and neck squamous cell carcinoma, and 16 cases were found in the oropharynx. Furthermore, in 52 patients, HPV16 was detected, being 19% or 10 cases in oropharynx that had a slightly higher incidence of HPV16 DNA (Báez et al., 2004).

In Australia, a study involving 86 tonsil cancers analyzed the HPV status through PCR and immunohistochemistry. The HPV status could be established in 67 of the tumors, and 31 (46%) of these were HPV-positive, predominantly (28/31) for HPV16 (Li et al., 2003).

Overall, the percentage of HPV-positive oropharyngeal carcinomas varies among different reports, which is not only explained by the varying inclusion of tumors from different anatomic sublocations among studies (van Monsjou et al., 2010). Therefore, further standardized seroepidemiologic studies are important to answer some questions.

### 3.2.3.2 Nasopharynx

Nasopharyngeal carcinoma (NPC) is a tumor that arises in the epithelium surface of the posterior nasopharynx and shows a peculiar geographic and ethnic distribution (Parkin et al., 1997). Despite the strong association with Epstein-Barr virus (EBV), the human papillomavirus (HPV) has also been linked as a cofactor for the development of nasopharyngeal carcinoma (Punwaney et al., 1999).

Although NPC is rare in most populations, it is a leading form of cancer in a few well-defined populations, including natives of southern China, Southeast Asia, the Arctic, and the Middle East/North Africa. Thus, the distinctive racial/ethnic and geographic distribution of NPC worldwide suggests that both environmental factors and genetic traits contribute to its development (Chang & Adami, 2006).

In North Africa, 70 Moroccan patients with NPC were screened for EBV and HPV. The EBV was detected in all NPC tumors, whereas HPV DNA was revealed in 34% of cases (24/70). Molecular analysis showed that 20.8% (5/24) were infected with HPV31, and the remaining were infected with other oncogenic types (i.e., HPV59, 16, 18, 33, 35 and 45). The mean age of HPV-positive patients was 37.3, whereas the mean age of HPV-negative cases was 43.0 years old. Nonetheless, the statistical analysis showed that there’s no association between sex or age and HPV infection. The study revealed that EBV is commonly associated with NPC in Moroccan patients and that NPC tumors from Moroccan patients harbor high-risk HPV genotypes (Laantri et al., 2011).

In Iran, a retrospective study analyzed the prevalence of EBV and HPV infection subtypes 6/11 and 16/18 in 20 patients with NPC. Thus, 16 cases were classified as undifferentiated carcinoma (WHO type III) and 4 as non-keratinizing SCC (WHO type II). About the HPV
infection, two of 20 NPC (10%) contained HPV 6/11 sequences and two of 20 NPC (10%) contained HPV 16/18 sequences, and combined EBV and HPV infection was detected in 3 of the 20 (15%) patients (Mirzamani et al., 2006).

A research involving North Americans with NPC showed that five (5.6%) of 89 cases had nasopharyngeal carcinoma, all with non-keratinizing histology. Of the 5 patients with NPC, 4 (80%) were HPV-positive for subtypes 16 (1 patient), 18 (2 patients), and 59 (1 patient). All 4 cases were white North Americans with age ranging between 58-76 years old. Therefore, it suggests that HPV may be the etiologic factor in some EBV-negative, nonkeratinizing NPCs among whites (Maxwell et al., 2010).

An investigation developed by Punwaney et al. (1999) with 30 patients (6 Caucasian Americans, 1 Chinese American, 14 and 9 patients from Korea and China, respectively) found in 7 (23%) HPV sequences. The human papillomavirus appears to be uncommonly (17%) associated with NPC in patients from the Far East and was detected more often (50%) in NPC from American Caucasian patients. There appears to be a broad profile in the relationship between HPV, EBV, and NPC histologic subtype. However, strong conclusions are not possible because of a low number of American Caucasian cases studied.

In Hong Kong Chinese people, 16 of nasopharyngeal were examined for the presence of HPV 16 and 18 using PCR on paraffin-wax-embedded biopsy specimens. However, no DNA of either human papillomavirus subtype was detected. The number of cases in this series was small, and further studies are warranted using fresh biopsy material and including other viral subtypes (Dickens et al., 1992).

Singhi et al. (2011) analyzed 45 carcinomas of the nasopharynx through immunohistochemistry and in situ hybridization for EBV and HPV. In this series, only 4 cases (9%) were HPV-positive being all these specimens EBV-negative. The HPV was more likely to be detected in carcinomas from white patients than non-white patients (16% vs 0%), and in 3 HPV-positive patients, there was the finding of an extension into the oropharynx.

Further studies are still required to associate the coexistence of EBV and HPV in the development of nasopharyngeal carcinomas (Mirzamani et al., 2006; Tyan et al., 1993). Moreover, epidemiology studies would also be of interest to determine whether the incidence of HPV-positive NPC is increasing in concert with the increased frequency of HPV-positive oropharyngeal cancers (Maxwell et al., 2010).

3.2.3.3 Larynx and hypopharynx

The larynx is among the most significant anatomic sites in terms of HPV involvement, exceeded in clinical importance perhaps only by the genital tract and skin infections (Syrjänen, 2005). However, the HPV role in anatomic sites in the upper aerodigestive tract such as the larynx is less clear (Herrero, 2003), and data on HPV involvement in preneoplastic and neoplastic lesions of the larynx and other locations are limited and conflicting (Gorgoulis et al., 1999).

The hypopharynx comprises the postcricoid region, hypopharyngeal region of the aryepiglottic fold, and posterior wall of the hypopharynx (Kreimer et al., 2005). Unfortunately, there are few researches involving only hypopharynx in association with HPV presence in the literature. In this chapter, the hypopharynx and larynx were combined because of few reports observed in hypopharynx with HPV involvement and for the reason that some manuscripts aggregated these anatomical sites. Therefore, this group of diseases...
was called “larynx cancers” or laryngeal squamous cell carcinomas (SCCs) in accordance to Kreimer et al. (2005).

3.2.3.4 Larynx cancers

Most malignancies in the larynx are squamous cell carcinomas (>90%). Similar to oral and pharyngeal cancers, multiple case series have reported prevalences of HPV DNA in laryngeal cancer (Herrero, 2003). Although the association and clinical significance of human papillomavirus (HPV) infections with a subset of head and neck cancers, particularly for oropharyngeal carcinoma, has recently been well documented, the involvement of HPV in laryngeal cancer has been inadequately evaluated (Torrente et al., 2011).

In a systematic review worldwide comprising 1,435 cases (1,222 of larynx and 213 of hypopharynx cancers), the overall HPV prevalence was of 24% in laryngeal SCCs. The HPV was detected in 21.3%, 13.8%, and 38.2% of SCCs of the larynx from Europe, North America, and Asia, respectively. In addition, the HPV16 was the most common type detected in samples accounted for 69.2% of all HPV-positive laryngeal SCCs, followed by HPV18 detected in 3.9% of cases (Kreimer et al., 2005).

A study of Syrjänen & Syrjänen (2000) involving 1,252 cases had a detection rate of 25% for HPV DNA in 313 samples. Furthermore, the HPV 16 was the single most common HPV type detected in these lesions, with other high-risk types being occasionally reported.

In the United States, 21 hypopharynx cases and 86 larynx cases were evaluated through PCR, Southern blot hybridization and in situ hybridization. Thus, the HPV positivity was identified in 10% of hypopharynx samples and 19% of larynx samples (Gillison et al., 2000).

In Poland, the HPV 16 DNA presence was analyzed using PCR technique in 72 samples of laryngeal carcinoma. The human papillomavirus was detected in 26 (36.1%) of the 72 patients. However, there was no statistically significant correlation HPV positivity and clinical-pathological features of the group analyzed (Morshed et al., 2005).

In France, the human papillomavirus was detected in 5% in larynx squamous cell carcinoma, and no patient analyzed had p53 gene mutations in cancer cells (Fouret et al., 1997).

In Belgium, the laryngeal squamous cell carcinomas were evaluated for the presence of HPV DNA through E6/E7 type-specific PCR, and 75% of patients (44 out of 59) presented high-risk HPV types with a high prevalence of HPV-16 (Duray et al., 2011).

In the Puerto Rican population, of 118 head and neck squamous cell carcinoma evaluated through PCR, the larynx was the most common site affected (52 out of 118). Separately, the HPV 16 detected in larynx was 85.7% and 55.6% in hypopharynx. When aggregated, the hypopharynx and larynx showed 56% (29 cases) of all HPV16 DNA detected in the study (Báez et al., 2004).

In Northeast China, 102 patients with laryngeal squamous cell carcinomas were examined for HPV DNA. The HPV DNA was found in 60 cases (58.8%), being the HPV-16, -18, -6, -11, and -33 DNA detected in 30 cases, 22 cases, 25 cases, 2 cases and 1 case, respectively. Moreover, co-infection either with HPV-6 and -16 or with HPV-6 and -18 was detected in 20 cases (33.3% of HPV DNA-positive cases) (Ma et al., 1998).

A retrospective study examining early larynx malignancies from 38 patients detected a rate of 16% in HPV DNA, and the HPV types 16, 26, 31, 39, and 52 were identified. Although the
HPV-26 is related to uterine cervical cancer, the research found the first evidence of this subtype in a laryngeal carcinoma (Baumann et al., 2009).

Although several researches support the HPV presence in hypopharynx/larynx cancer with prevalences ranging of 13.8% to 38.2% (Kreimer et al., 2005), Ribeiro et al. (2011) observed in 78 fresh tissue biopsies a low prevalence of 3.8% in cases from Central Europe and Latin America. These wide variations in HPV prevalence which are reported may depend on the HPV diagnostic methodologies, especially in earlier studies (St Guilé et al., 2010). Researches for the development of accurate, specific, and confirmatory methods for the detections of HPV in laryngeal squamous cell carcinoma are necessary, being standardized seroepidemiologic studies important to answer some questions.

Table 2. summarizes some researches of head and neck lesions with HPV involvement.

<table>
<thead>
<tr>
<th>AUTHORS (YEAR)</th>
<th>GEOGRAPHIC LOCATION</th>
<th>METHOD*</th>
<th>HPV TYPE**</th>
<th>POSITIVE/CASES</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ORAL CAVITY AND LIP</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kreimer et al. (2005)</td>
<td>Australia, Canada, China, Cuba, Finland, France, Germany, India, Ireland, Italy, Japan, Korea, Netherlands, Norway, Poland, Spain, Slovenia, Sudan, Sweden, Switzerland, Taiwan, United Kingdom, United States, Venezuela</td>
<td>PCR-based HPV testing methods</td>
<td>HPV-16</td>
<td>423/2,642</td>
<td>16%</td>
</tr>
<tr>
<td>Oliveira et al. (2009)</td>
<td>Brazil</td>
<td>PCR</td>
<td>HPV-18</td>
<td>21/88</td>
<td>23,9%</td>
</tr>
<tr>
<td>Lee et al. (2010)</td>
<td>Republic of Korea</td>
<td>HPV genotyping chip and RT-PCR</td>
<td>HPV-16</td>
<td>11/36</td>
<td>30,6%</td>
</tr>
<tr>
<td><strong>OROPHARYNX</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kreimer et al. (2005)</td>
<td>Australia, Canada, Cuba, Finland, France, Germany, India, Ireland, Italy, Japan, Netherlands, Norway, Poland, Spain, Slovenia, Sudan, Sweden, Switzerland, United States</td>
<td>PCR-based HPV testing methods</td>
<td>HPV-16</td>
<td>299/969</td>
<td>30,9%</td>
</tr>
<tr>
<td>St Guilé et al. (2011)</td>
<td>France</td>
<td>INNO-LiPA HPV Genotypingextra test</td>
<td>HPV-16</td>
<td>94/185</td>
<td>50,8%</td>
</tr>
<tr>
<td>Nasman et al. (2009)</td>
<td>Stockholm</td>
<td>PCR</td>
<td>HPV-16</td>
<td>77/98</td>
<td>78,6%</td>
</tr>
<tr>
<td>Ernster et al. (2007)</td>
<td>United States</td>
<td>PCR</td>
<td>HPV-16</td>
<td>50/72</td>
<td>69,4%</td>
</tr>
<tr>
<td>Li et al. (2003)</td>
<td>Australia</td>
<td>PCR and IHC</td>
<td>HPV-16</td>
<td>28/67</td>
<td>41,8%</td>
</tr>
<tr>
<td>AUTHORS (YEAR)</td>
<td>GEOGRAPHIC LOCATION</td>
<td>METHOD*</td>
<td>HPV TYPE**</td>
<td>POSITIVE/ CASES</td>
<td>%</td>
</tr>
<tr>
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</tr>
<tr>
<td>Báez et al. (2004)</td>
<td>Puerto Rico</td>
<td>PCR</td>
<td>HPV-16</td>
<td>10/16</td>
<td>62.5%</td>
</tr>
<tr>
<td>Laantri et al. (2011)</td>
<td>Morocco</td>
<td>PCR</td>
<td>HPV-31</td>
<td>5/70</td>
<td>7.1%</td>
</tr>
<tr>
<td>Mirzamani et al. (2006)</td>
<td>Iran</td>
<td>ISH</td>
<td>HPV-6/11; HPV-16/18</td>
<td>2/20; 2/20</td>
<td>10%; 10%</td>
</tr>
<tr>
<td>Dickens et al. (1992)</td>
<td>Hong Kong</td>
<td>PCR</td>
<td>none</td>
<td>0/16</td>
<td>0%</td>
</tr>
<tr>
<td>Kreimer et al. (2005)</td>
<td>Canada, Cuba, Denmark, Finland, France, Germany, Greece, India, Italy, Japan, Netherlands, Norway, Spain, Slovenia, Sweden, Switzerland, United Kingdom, United States</td>
<td>PCR-based HPV testing methods</td>
<td>HPV-16</td>
<td>238/1,435</td>
<td>16.6%</td>
</tr>
<tr>
<td>Morshed et al. (2005)</td>
<td>Poland</td>
<td>PCR</td>
<td>HPV-16</td>
<td>26/72</td>
<td>36.1%</td>
</tr>
<tr>
<td>Ma et al. (1998)</td>
<td>Northeast China</td>
<td>PCR, SB, and IHC</td>
<td>HPV-16</td>
<td>30/102</td>
<td>29.4%</td>
</tr>
<tr>
<td>D’Costa et al. (1998), Giovannelli et al. (2002), Syrjänen &amp; Syrjänen (2000)</td>
<td>India, Italy, ???</td>
<td>PCR, ???</td>
<td>HPV-16</td>
<td>9/32</td>
<td>28.1%</td>
</tr>
<tr>
<td>Ostwald et al. (2003)</td>
<td>Germany</td>
<td>PCR, SB</td>
<td>HPV-16/18</td>
<td>12/72</td>
<td>16.7%</td>
</tr>
</tbody>
</table>

*Abbreviations: PCR = Polymerase chain reaction, RT-PCR = Real Time PCR, IHC = Immunohistochemistry, SB = Southern Blotting, ISH = In situ hybridization.

**Most common HPV types found in studies.

Table 2. Prevalence of HPV in lesions of the head and neck.
4. Conclusion

The present review showed heterogeneous prevalence between different anatomical sites in HNSCC with HPV involvement around the world. These results must be interpreted with caution because most researches conducted for data on HPV and HNSCC have been, with rare exception, small (<100 cases). The methods employed for case identification have often been unclear, and it is difficult to differentiate studies that enrolled consecutive patients from studies that used alternative inclusion criteria. Moreover, poor quality of some biopsy specimens may also have affected the prevalence estimates with some false-negative findings (Kreimer et al., 2005).

Further standardized seroepidemiologic studies are important to answer some questions, among them the impact of HPV vaccination on HNSCC. Thus, epidemiology studies are interesting to determine whether the incidence of HPV-positive is increasing, mainly in sites frequently affected such as oropharynx, in particular the tonsils.

In conclusion, with a clear understanding of the prevalence of oncogenic HPV in specific populations, an estimate of the progression rate from HPV infection to HPV-positive carcinoma may be derived. This effort could help guide screening and prevention strategies in the future (Ernster et al., 2009), such as the development of screening programs, new therapeutic approaches and specific methods of prevention, especially in high incidence areas (Laantri et al., 2011).

5. Acknowledgements

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6. References


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Epidemiology of HPV in Head and Neck Cancer


Cervical cancer is the second most prevalent cancer among women worldwide, and infection with Human Papilloma Virus (HPV) has been identified as the causal agent for this condition. The natural history of cervical cancer is characterized by slow disease progression, rendering the condition, in essence, preventable and even treatable when diagnosed in early stages. Pap smear and the recently introduced prophylactic vaccines are the most prominent prevention options, but despite the availability of these primary and secondary screening tools, the global burden of disease is unfortunately still very high. This book will focus on the clinical aspects of HPV and related disease, highlighting the latest developments in this field.

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